## COACHES' HANDBOOK 2019/20



WEB SITE: www.frccwi.com
(updated 6.18.19)

FOX RIVER CLASSIC CONFERENCE 19.20 MEETINGS

## Sport Liaisons will determine site of Coaches meetings!

ATHLETIC DIRECTOR MEETINGS:
Monday, September 9, 2019
WIAA area mtg.
Wednesday, October 9, 2019
Agenda: Winter Sports preview
Wednesday, November 13, 2019
Agenda: Fall Sports followup
PRINCIPAL MEETING- WED, NOV 20, 2019
Wednesday, January 29, 2020
Agenda: Spring Sports preview
Wednesday, March 18, 2020
Agenda: Winter Sports followup
Wednesday, April 22, 2020- WIAA Annual mtg
Thursday, June 11, 2020
Agenda: Spring Sports followup

| FALL COACHES' MEETINGS: |  |
| :--- | :--- |
| Girls Golf | Sept 27 |
| Cross Country | Oct 17 |
| Girls Tennis | Oct 23 |
| Volleyball | Oct 21 |
| Football | Oct 23 |
| B-Soccer | Oct 27 |
| G-Swim | Nov 11 |
| WINTER COACHES' MEETINGS: |  |

B \& G

| Basketball | March 1 |
| :--- | :--- |
| Wrestling | March 2 |
| Boys Swim | March 5 |
| Boys Hockey | TBD |

SPRING COACHES' MEETINGS:

| Softball | May 24 | Pulaski HS, 4:00 | Batten |
| :--- | :--- | :--- | :--- |
| Boys Tennis | June 2 | De Pere HS, 6:30 | Byczek |
| G-Soccer | June 9 | North HS, 6:30 | Stengel |
| Baseball | June 8 | Preble HS, 6:00 | Retzki |
| Track | June 8 | Preble HS, 6:00 | Matz |
| [BOYS GOLF TO MEET AT JV CONFERENCE MEET] | Hogan |  |  |

CONSTITUTION
OF THE FOX RIVER CLASSIC CONFERENCE

| Article I N | Name |  |
| :---: | :---: | :---: |
| Article II | Logo |  |
| Article III | Purpose |  |
| Article IV | Membership |  |
| Article V A | Associate Membership |  |
| Article VI Stis | Structure |  |
| Article VII | Voting |  |
| Article VIII D | Dues |  |
| Article IX M | Meetings |  |
| CHARTER MEMBERS: 2007/08 |  | Changes for 15.16 School Year: Green Bay East to Bay Conference Green Bay West to Bay Conference |
| Ashwaubenon <br> Bay Port |  |  |
|  |  |  |
| De Pere |  |  |
| Green Bay East |  |  |
| Green Bay Preble |  |  |
| Green Bay Southwest |  |  |
| Green Bay West |  |  |
| Manitowoc Lincoln |  |  |
| Notre Dame Academy |  |  |
| Pulaski |  |  |
| Sheboygan North |  |  |
| Sheboygan South |  |  |

# CONSTITUTION <br> OF THE <br> FOX RIVER CLASSIC CONFERENCE 

Article I
The name of the organization shall be the Fox River Classic Conference.

The official logo of the Fox River Classic Conference shall be as presented. See appendix A.
Article III Purpose

The purpose of this organization shall be to promote interscholastic competition amongst the schools associated in the conference.

Article IV Membership for 15.16 school year and beyond-
The following high schools are members of the Fox River Classic Conference:
Ashwaubenon
Bay Port
De Pere
Green Bay Preble
Green Bay Southwest
Manitowoc Lincoln
Notre Dame Academy
Pulaski
Sheboygan North
Sheboygan South
Article V Associate Membership
An Associate Member is any non-member school which has applied for and has been accepted by the membership to participate in a conference sport during the membership's traditional sport season.

## Leadership Structure

## Superintendents/Presidents Committee

The Superintendents/Presidents Committee shall consist of the Superintendents and/or Presidents of the membership's high schools.

Superintendents/Presidents Committee Duties
The Superintendents/Presidents Committee shall have final authority over the Constitution of the Fox River Classic Conference. The Superintendents/Presidents Committee's broad authority
includes but is not limited to: governing relations amongst member institutions, athletics realignment of conference schools and oversight of the Principals Committee.

## Principals Committee

The Principals Committee shall consist of the Principals of the membership's high schools. Associate Member schools are not considered part of the Principals Committee and are not eligible to hold any FRCC office nor are they eligible to vote on any Conference matters, except in the sport the Associate Members participates.

The Principals Committee shall elect from its Conference member schools a President and Secretary.

Candidates for the office of President and Secretary must be nominated by a member of the Principals Committee or by self nomination. Voting will be held during the school year prior to term. The President and Secretary will serve a two (2) year term. The President and Secretary may serve two consecutive two (2) year terms only. A majority vote shall elect the President and Secretary.

If the President or Secretary leaves office during his or her term, a new vote will be held to elect an individual to fulfill that term.

## Principals Committee Duties

The Principals Committee shall have final authority over the Bylaws of the Fox River Classic Conference. The Principals Committee's broad authority includes but is not limited to such things as: Conference membership, WIAA and FRCC rule violations, enforcements, sanctions and appeals, approval of school sponsored sport activities as a conference sport, rules and regulation regarding eligibility and participation of conference student-athletes, funding for all conference sponsored activities, selection, evaluation and annual salary for the Conference Commissioner.

## President

Report to the Executive Committee if/when appropriate.
Establish and staff Conference committees if/when appropriate.

1. Finance Committee
2. All future committees

Preside over all meetings of the Principals Committee.
Establish and distribute agenda for all Principals Committee meetings.
Oversee the Conference revenues and expenditures.
Call special Principals Committee meetings.

## Secretary

Keep an accurate record of minutes of Principals Committee meetings.
Distribute complete meeting minutes to Principals Committee and Superintendents/Presidents Committee.

Preside over Principals Committee meetings when necessary.

## Directors Committee

The Directors Committee shall consist of the Athletics Directors/Activities Directors of the membership's high schools.

The Directors Committee shall elect from its Conference member's schools a President and Secretary.

Candidates for the office of the President and Secretary must be nominated by a member of the Directors Committee or by self nomination. When required, voting will be held during the regularly scheduled third Wednesday of May meeting. The President and Secretary will serve a two (2) year term. The President and Secretary may serve two consecutive two (2) year terms only. A majority vote shall elect the President and Secretary.

If the President or Secretary leaves during his or her term, a new vote will be held to elect an individual to fulfill that term.

## Directors Committees Duties

The Directors Committee shall have broad authority that includes but is not limited to: regulations of individual sport policies and procedures, establishing and approving conference schedules, establishing and approving conference awards and recognition criteria.

## President

Report to the Principals Committee.
Establish and staff Conference committees.

1. Awards Committee
2. Sport Liaisons
3. All future committees

Preside at all meetings of the Directors Committee.
Establish and send out agendas for upcoming meetings.
Prepare an annual evaluation report of the Conference Commissioner for the Principals Committee.

Call special meetings.

## Secretary

Keep an accurate record of minutes of Directors Committee meetings.
Send out complete meeting minutes to Directors Committee and Principals Committee.
Preside over Directors Committee meetings when necessary.

## Conference Commissioner

The Conference Commissioner shall be selected by the Principals Committee. The Conference Commissioner will serve a two (2) year term renewed on an annual basis during the March Principals Committee Meeting. An annual evaluation shall be conducted and presented to the Principals Committee at the annual fourth Wednesday of March Principals Committee Meeting. In addition, an honorarium for the roll over year shall also be established by the Principals Committee at the annual fourth Wednesday of May Principals Committee Meeting.

## Conference Commissioner Duties

The Conference Commissioner shall have broad authority that includes but is not limited to: act as FRCC Treasurer and keep accurate records of conference funds, produce monthly accounting statements, pay conference expenses, invoice conference schools for annual dues, schedule all conference varsity athletic contests, select, evaluate and hire officials, print and distribute yearly sport passes, senior citizens passes and lifetime passes, resolve scheduling conflicts, make recommendation for annual conference dues and/or special assessments.

Sports Official Assignor \& Duties: (beginning with 12/13 school year)
The Sport Official Assignor (s) will be selected by the Athletic Directors and will serve a two (2) year term renewed on an annual basis at the end of the school year by the Athletic Directors. A stipend will be recommended by the Athletic Directors with payment from the Conference Commissioner at the conclusion of the respective sports season. In working cooperatively with the Conference Commissioner, specific duties will include the assignment of junior varsity and varsity officials for conference and non-conference tournament games, secure replacement officials in the event a game/match is canceled and rescheduled, attend FRCC meetings when required by the Athletic Directors, keep accurate records of expenditures associated with their respective sports and request payment of these expenses from the Conference Commissioner, be familiar with all rules, regulations, and guidelines with the WIAA and their respective sports, and assist in the recruitment and development of young officials in their respective sports.

Article VII Voting
Superintendents/Presidents Committee
Each school district shall be represented by one Superintendent and/or President. Each school district will have one vote. The Constitution may be adopted, amended or repealed by an affirmative two-thirds majority vote. A Superintendent and/or President may designate an alternate voting candidate.

## Principals Committee

Each high school shall be represented by one Principal. Each high school will have one vote. The by-laws of the FRCC may be adopted, amended or repealed by an affirmative majority quorum vote of all members' schools. The presiding principal has the authority to call for an electronic vote. A Principal may designate an alternate voting candidate.

## Directors Committee

Each high school shall be represented by one Athletics/Activities Director. Each high school will have one vote. Sport Regulations matters may be adopted, amended or repealed by an affirmative
majority quorum vote of all conference schools. An Athletics Director/Activities Director may designate an alternate voting candidate.

The method of voting on proposals shall be by a roll call of member schools when necessary.
Article VIII

## Dues

Dues shall be set annually during the Spring of the current school year for the following school year.

A special assessment may be made by the conference and approved at a regularly scheduled Principals Committee Meeting or a special meeting called by the Principals Committee President.

The Superintendents/Presidents Committee shall meet a minimum of once a year.
The Principals Committee shall meet as set by the commissioner and presiding principal.
The Directors Committee shall meet a minimum of four times a year.
All meetings shall be conducted according to Roberts Rules of Order.

# BYLAWS OF THE FOX RIVER CLASSIC CONFERENCE 

SECTION I Sport Sponsorship<br>SECTION II Associate Membership<br>SECTION III Meetings<br>SECTION IV Conference Commissioner<br>SECTION V Championships<br>SECTION VI Cancellations and Postponements<br>SECTION VII Conference Awards - Team<br>SECTION VIII Conference Awards - Individual<br>SECTION IX Sport Meeting / Sport Liaisons<br>SECTION X Officials

SECTION XI Contest Management
SECTION XII Tickets/Passes
SECTION XIII Scheduling
SECTION XIV Eligibility and Participation
SECTION XV Code of Conduct
SECTION XVI Protest, Violations, Enforcements, and Appeals
SECTION XVII Sportsmanship
SECTION XVIII Scholarship
SECTION XIX Non Athletic Agreements
SECTION XX Miscellaneous Provisions

## BYLAWS <br> OF THE <br> FOX RIVER CLASSIC CONFERENCE

## SECTION I <br> Sport Sponsorship

A sport activity may become a conference sport when any combination of full-time FRCC members create a minimum of 6 full teams and indicate an interest to sponsor the sport and approval has been granted by the Principals Committee at a regular or special conference meeting. Cooperative teams shall count as one team and the host school shall be the designated representative and voting member for that sport.

If a conference sport drops below six (6) FRCC sponsoring teams, the sport will no longer maintain an official conference designation.

FRCC Membership and Sport Sponsorship
(* shows designated school listed for coop schools)
Ashwaubenon
Boys - baseball, basketball, cross country, football, golf, soccer swimming, tennis, track and field, wrestling, hockey (co-op with Pulaski, Wrightstown, Seymour)
Girls - basketball, cross country, golf, softball, soccer, swimming, tennis, track and field, volleyball

## Bay Port

Boys - baseball, basketball, cross country, football, golf, soccer swimming, tennis, track and field, wrestling
Girls - basketball, cross country, golf, softball, soccer, swimming, tennis, track and field, volleyball, hockey
De Pere
Boys - baseball, basketball, cross country, football, golf, soccer, tennis, track and field, wrestling, hockey (co-op; De Pere)
Girls - basketball, cross country, golf, softball, soccer, swimming, tennis, track and field, volleyball
Green Bay Preble
Boys - baseball, basketball, cross country, football, golf, soccer, tennis, track and field, hockey (co-op), wrestling, hockey (co-op; Green Bay United), swimming (GBU co-op) Girls - basketball, cross country, golf, softball, soccer, swimming (co-op), tennis, track and field, volleyball
Green Bay Southwest
Boys - baseball, basketball, cross country, football, golf, soccer, tennis, track and field, wrestling (co-op with East \& West in BAY conf), hockey (co-op; GBU), swimming (GBU) Girls - basketball, cross country, golf (co-op), softball, soccer, swimming (co-op), tennis, track and field, volleyball
Manitowoc Lincoln
Boys - baseball, basketball, cross country, football, golf, soccer swimming, tennis, track and field, wrestling, hockey (co-op: Sheboygan United)
Girls - basketball, cross country, softball, soccer, swimming, tennis, track and field, volleyball
Notre Dame Academy
Boys - baseball, basketball, cross country, football, golf, soccer, tennis, track and field, hockey
Girls - basketball, cross country, golf, softball, soccer, tennis, track and field, volleyball Pulaski

Boys - baseball, basketball, cross country, football, golf, soccer swimming, tennis, track and field, wrestling. hockey (co-op Ashwaubenon)
Girls - basketball, cross country, golf, softball, soccer, swimming, tennis, track and field, volleyball

Sheboygan North
Boys - baseball, basketball, cross country, football, golf, soccer swimming, tennis, track and field, wrestling, hockey (co-op; Sheboygan)
Girls - basketball, cross country, *golf (co-op), softball, soccer, swimming, tennis, track and field, volleyball
Sheboygan South
Boys - baseball, basketball, cross country, football, golf, soccer swimming, tennis, track and field, wrestling, hockey (co-op; Sheboygan)
Girls - basketball, cross country, golf (co-op), softball, soccer, swimming, tennis, track and field, volleyball

- GB United boys/girls swim: GB East, GB Preble, GB Southwest, GB West
- GB United boys hockey: GB East, GB Preble, GB Southwest, GB West


## SECTION II Associate Membership

An Associate Member is any non-member school who has applied for and has been accepted by the membership to participate in a conference sport during the membership's traditional sport season.

## Admission:

A school wishing to become an Associate Member of the FRCC must make application in writing. This application must be copied to the Conference Commissioner and to the current President of the Principals Committee. The Principals Committee President will forward the application to all member schools. The Principals Committee will vote on the application at its annual May meeting or a special meeting that may be called to act on the membership application.

Dues:
Associate members will be charged $10 \%$ of the annual conference
membership fees per school per year. The FRCC Conference Commissioner will invoice those schools at the start of the school year.

Voting:
Associate members are non-FRCC members. They may be represented at FRCC all meetings and have voting privileges on all votes conducted by the FRCC athletic/activity directors' committee for the sport in which they hold membership.

Withdrawal:
Any Associate Member may withdraw from the FRCC by giving written notice to the current Principals Committee President one (1) year in advance. Failure to notify the FRCC at least one (l) year in advance may subject the Associate Member School to possible early withdrawal financial penalties. (One year Associate membership fee)

Dropped:
Any Associate Member may be dropped from membership in the FRCC. The Associate Member is entitled to a hearing in front of the Principals Committee if requested. The Associate Member will remain an Associate Member for next scheduled school year after the date of the decision to drop the Associate Member.

## COOPERATIVE MEMBERSHIP

## INTERNAL

An "internal" cooperative membership (or co-op member) is any member school who has combined with another member school to participate in a conference sport during the membership's traditional sport season.

Admission:
Schools wishing to establish "internal" co-op membership in the FRCC must make an application to the FRCC, coinciding with the schools WIAA cooperative renewal process. This application must be copied to the Conference Commissioner and to the current President of the Principals Committee. The Principals Committee President will forward the application to all member schools. The Principals Committee will vote on the application during any of their regularly scheduled meetings or a special meeting may be called to act on the membership application.

Withdrawl:
Any "internal" cooperative membership may withdraw from the FRCC by giving written notice to the current Principals Committee President one (1) year in advance.

Dues:
Internal co-op schools will be charged 0\% of the annual conference schools membership fee. Voting:
Internal co-op schools must designate a primary administrative school. The primary administrative school will represent the co-op at all FRCC meetings and have voting privileges on all votes conducted by the FRCC athletic/activity directors committee in the assigned sport.

EXTERNAL
An "external" cooperative membership or co-op member is any member school who has combined with a non-member school to participate in a conference sport during the membership's traditional sport season. Each sport will be treated as an individual entry.

Admission:
Schools wishing to establish "external: co-op membership in the FRCC must make an application to the FRCC coinciding with the schools biennial WIAA cooperative renewal process. This application must be copied to the Conference Commissioner and to the current President of the Principals Committee. The Principals' Committee President will forward the application to all member schools. The Principals Committee will vote on the application during any of their regularly scheduled meetings or a special meeting may be called to act on the membership application.

Dues:
Each non-member external co-op school will be charged $10 \%$ of the FRCC annual membership dues once ( $100 \%$ first year or $50 \%$ each year) during the two year biennial WIAA co-op team application cycle. The FRCC Conference Commissioner will invoice each school at the start of the co-op cycle.

Voting:
External co-op memberships must designate a FRCC member school as the primary administrative school for FRCC administrative purposes.
The primary administrative school will represent the co-op at all FRCC meetings and have voting privileges on all votes conducted by the FRCC athletic/activity directors committee for the assigned sport.

## SECTION III Meetings

Regularly scheduled FRCC meetings are as follows:
Superintendents/Presidents Committee
As determined by the Superintendent/Presidents Committee
Principals Committee

As set by Commissioner \& presiding Principal

## Directors Meetings

Second Wednesday of August, October, November, February, March, May, June

## Coaches/Sport Meetings

Fall Second Monday of November
Winter Second Monday of March
Spring Second Monday of June

## SECTION IV

## Conference Commissioner

Job Description - see Appendix B for complete job description
Evaluation Process - see Appendix C for evaluation form.
The FRCC Commissioner shall be appointed by and evaluated by the Principals Committee at the annual June meeting.

An annual evaluation report shall be prepared by the President of the Directors Committee and forwarded to the Principals Committee by June lst.

## SECTION V

## Championships

Conference Championships
A conference champion will be determined in the following sports under the guidelines established in the sport regulations and approved by the Principals Committee:

Boys - baseball, basketball, cross country, football, golf, soccer, swimming, tennis, track and field, wrestling, hockey
Girls - basketball, cross country, golf, softball, soccer, swimming, tennis, track and field, volleyball

## SECTION VI Cancellations and Postponements

Any contest may be postponed when one of the participating schools' authorities deem that conditions are such that the health and safety of the student-athletes and/or spectators may be in jeopardy.

When adverse weather conditions, sickness, work stoppage, etc. causes the cancellation of school, the two schools' contest cancellation policies shall determine if the game can be played or must be postponed.

All postponed games must be made up according to the regulations established in the sport regulations policies.

All member schools, the conference commissioner and the media shall be notified immediately when a conference contest has been cancelled or postponed.

## SECTION VII Conference Awards - Team

All conference awards shall be uniform in size and design. There will be a conference award for each sport sponsored by the Conference. In case of a tie, there shall be duplicate awards.

Criteria for awarding conference awards shall be determined in the sport regulations policies.
All approved awards shall be paid for by the FRCC, additional awards requested by individual schools must be purchased by the school.

## SECTION VIII Conference Awards - Individual

All Conference/Player of the Year/Coach of the Year
All-Conference teams and Player of the Year awards will be selected in accordance with the descriptions established in the sport regulations policies and approved by the Principals Committee.

In sports where all-conference awards are earned as a result of participation in a conference championship, the number of $\underline{1}^{\text {st }}$ and $2^{\text {nd }}$ team all-conference and $3^{\text {rd }}$ team honorable mention award recipients will match the number of events as established and approved in the sport regulations.

In sports where all-conference members are selected by coaches, the first and second team numbers will be listed in the Handbook per sport. Athletes must receive votes from two schools for Honorable Mention.

Player of the Year will be determined for each sport by the coaches. Voting by coaches shall be "open" with coaches recognizing how other coaches have voted. Composite of the voting will be sent to the Athletic Directors at the conclusion of the sport meetings.

A conference Coach of the Year will be selected in each sport as established and approved in the sports regulations.

All approved awards shall be paid for by the FRCC.

## SECTION IX Sport Meetings/Sports Liaison

Each sport will be required to have an end of the season coaches/sport meeting. The date, time and location will be determined by the Conference Commissioner, with each Sport Liaison having the option of selecting a different date and site in cooperation with those sport coaches.

A FRCC Athletics/Activities Director will act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order. (That is, all decisions acted on require a motion, a second and a vote.)

## Liaison Assignments for 2019/20 school year:

FALL:
Football- Sheboygan South
Cross Country (B \& G)- Bay Port
Girls Tennis- De Pere
Boys Soccer- Sheboygan North
Girls Golf- Notre Dame
Volleyball- GB Southwest
Girls Swimming- Manitowoc Lincoln
WINTER:
Girls Basketball- Notre Dame
Boys Basketball- Manitowoc Lincoln
Wrestling- Pulaski
Boys Swimming- Sheboygan South
Boys Hockey- Ashwaubenon
SPRING:
Track (B \& G) - Bay Port
Boys Tennis- De Pere
Girls Soccer- Sheboygan North
Baseball- GB Preble
Boys Golf- GB Southwest
Softball- Pulaski

Each sport Liaison is responsible for recording minutes, conducting any open voting procedures, and providing results to all Athletic Directors and the Commissioner.

## SECTION X Officials

The Conference Commissioner shall assign only WIAA officials for the following sports:
Varsity only
Boys - baseball, basketball, cross country (conference meet only), football, soccer, swimming, track and field (conference meet only), wrestling, hockey (by Sports Assignor)

Girls - basketball, cross country (conference meets only), softball, soccer, swimming, track and field (conference meets only), volleyball

The Principals Committee shall approve officials' fees two years in advance at its annual March meeting. See appendix D for officials' fee schedule.

The following process will occur to assess officiating rates:

- two athletic directors from the FRCC will meet with other area conference on the same date as the District 4 area meeting, typically held in April, to discuss requests, trends, and potential plans of each conference as it relates to officials' pay. These officials pay consideration meetings will occur in "odd" numbered years, starting with 2015.
- the FRCC representative will report back to the conference at its next regularly scheduled meeting for discussion and make a recommendation regarding officials' pay. At this time, the Commissioner will also make recommendations. This meeting is typically held in June. - the FRCC will vote on officials' pay rates at its first scheduled meeting of the new school year, typically in August. The pay scale will be effective for the next school year that starts in an "odd" number. (starting with the 2017-2018 school year)


## SECTION XI <br> Contest Management

Pre-game and half time activities shall try to be scheduled so that they do not delay the normal operation of a game or meet. When there is a mutually agreed upon change the host school shall inform the visiting school(s) of the change and give an approximate time schedule to the visiting school(s).

A conference school may broadcast in any format a home or away contest.

## SECTION XII Tickets/Passes

The visiting team shall not receive any gate money or expense money from the home school.
Adult and student ticket prices will be reviewed for the following year at the Principals Committee's annual June meeting.

Complimentary conference passes ( 100 per school per year), senior citizen passes and lifetime membership passes (as established by each individual institution) shall be available to each conference school through the Conference Commissioner.

## SECTION XIII Scheduling

The Conference Commissioner shall develop equitable schedules for both boys and girls programs.

The FRCC Commissioner shall schedule the following contests:
Varsity
Boys - baseball (18), basketball (18), cross country (conference meet only), football (9), golf (4 dates with all schools and conference meets), soccer ( 9 games), swimming ( 7 duals plus conference tournament), tennis ( 9 duals), track and field (4 dual or triangular meets and conference meets), wrestling (9)

Girls - basketball (16), cross country ( conference meet only), golf (4 dual or triangular meets plus conference meets), softball (18), soccer (9 games), swimming (7 duals and conference tournament), tennis ( 9 dual meets), track and field (4 dates with all schools and conference meets), volleyball (9)

JV (one team per school, in conjunction with varsity contest)
Boys - baseball, basketball, cross country, golf, soccer, swimming, tennis, track and field, wrestling
JV (one team per school, separate schedule)
Boys - football (8) (weeks 2-8)
JV (one team per school, in conjunction with varsity contest)
Girls - basketball, cross country, golf, softball, soccer, swimming, tennis, track and field, volleyball
Freshman (one team per school)
Boys - basketball (with varsity)
football (7) (weeks 3-9 in conjunction with JV football), baseball (16) (separate schedule, scheduled with freshman softball)

Girls - basketball (with varsity), volleyball (with varsity) softball (unknown) (separate schedule, scheduled with freshman baseball when possible)

There shall be no official recognition of championships, standings or records maintained for nonvarsity competition.

The FRCC name can not be used in any non-varsity competition and/or scheduling.

## SECTION XIV Eligibility and Participation

WIAA rules and regulations will prevail in all sports with the following exceptions:

- Any student may "play up" (JV, Varsity) at any time.
- Only freshman students are allowed to play on freshman teams. Teams must be designated Freshman, JV or Varsity before the start of the season.
- Students are not allowed to "play down" a level in the following sports: football, volleyball, soccer, basketball, baseball and softball.

An agreement can be made between two competing schools to request a waiver from the Commissioner to allow a sophomore to play on a freshman team in order to keep a program active.

Member schools must request a waiver from the Conference Commissioner for foreign exchange students to play down. The Conference Commissioner will conduct a vote of all conference schools. A majority vote of the conference schools will be required for the waiver to be granted.

## SECTION XV Code of Conduct

Each school must have a code of conduct.

## SECTION XVI Violations, Enforcements, Sanctions and Appeals

Criteria still TBD

SECTION XVII Sportsmanship<br>Criteria still TBD<br>SECTION XVIII Scholarship Awards<br>Criteria still TBD<br>SECTION XIX Non Athletic Agreements<br>SECTION XX Miscellaneous Provisions

# SPORT REGULATIONS <br> OF THE <br> FOX RIVER CLASSIC CONFERENCE 

| SECTION I | BASEBALL |
| :--- | :--- |
| SECTION II | BASKETBALL |
| SECTION III | CROSS COUNTRY |
| SECTION IV | FOOTBALL |
| SECTION V | GOLF |
| SECTION VI | HOCKEY |
| SECTION VII | SOCCER |

SECTION VIII
SECTION IX SWIMMING
SECTION X TENNIS
SECTION XI TRACK AND FIELD
SECTION XII VOLLEYBALL
SECTION XIII WRESTLING
SECTION XIV ADDENDUM

## SECTION I BASEBALL (updated 6.8.16)

## A. Game Times/Dates/Scheduling

1. The Freshmen, JV and Varsity schedules will be set by the conference Commissioner, approved by the Athletics Directors and distributed to the Athletics Directors by March ${ }^{\text {st }}$ of the previous year.
2. The conference schedule will be 18 home/away or doubleheader format as determined by the commissioner.
3. All games played during the week shall start at $4: 30 \mathrm{p} . \mathrm{m}$. unless mutually agreed upon by both schools.
4. If Saturday doubleheaders are played, they will start at 11:00 unless mutually agreed upon by both schools for a different start time.
5. Beginning with the 2017 season, no doubleheaders will be scheduled and the conference will follow a two round scheduling system.
6. The JV schedule will follow the varsity schedule with 18 games and Frosh schedule will be a minimum of 16 games.

## B. Length of Games

1. All games are to be seven (7) innings in length. However, the 10 -run rule will apply to all conference games (Varsity, JV and Freshmen). Any shortening of the game length must follow all rules and regulations of baseball as set by the WIAA and the NFHS.
2. For Freshmen games, no new inning will start after the game has been 2.5 hours long, unless tied.

## C. Game Procedures/Details

l. For conference games, the pre-game schedule will be:

35 minutes prior to start Home team (infield)
20 minutes prior to start Visitors (infield)
5 minutes prior to start Ground rules
2. Line-up cards must contain first and last names and numbers of all team members.
3. The official baseball is recommended to be the baseball the WIAA has approved for the State Tournament.
4. In conference doubleheader games, the host school will be home for the first game and the visiting school will be home for the second game. Schools will not be required to change dugouts. The host school will supply baseballs for both games.

## D. Conference Statistics/Scores/Media Reporting

1. The home team shall record the official game stats on the conference stat sheet and email them to the Conference Commissioner and the visiting team by noon of the following weekday.
2. The home team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the day of the game. Applicable fax numbers will be on the stat sheet.

## E. Individual Participation Rules

1. Sophomores may play on a Freshmen team to fill out a roster. Schools moving a player(s) can do so with advance approval from the Athletics Directors of both competing schools.
2. Seniors are not permitted to participate on JV teams unless special circumstances exist, i.e. foreign exchange student, special disability, etc., and permission from the opposing Athletics Director is obtained.

## F. Make-ups/Rainouts/Cancellations Guidelines:

1. In an event that a school hosting a baseball/softball game cannot host the game due to inclement conditions, the following steps may be followed in sequence with a noon-1:00 pm deadline to determine the playability of the HOST diamond:
a. If schools have not played each other, flip sites on the schedule, playing at the school which has an adequate facility. (this would happen early at the start of the season)
b. If host facility is inadequate, play on the opposing team's field on the same day. The original home team will remain the home team. The original host school is responsible for paying all game gees regardless of where the game is played. (distance, time, bus availability may be issues)
c. The game will be played on a "mutually agreeable" dates as determined by the two Athletic Directors. Next open date immediately following the scheduled date should be considered first. (extenuating circumstances such as field trips, concerts, award ceremonies must be considered when rescheduling games)
d. The game will be added to make a doubleheader at the next regularly scheduled meeting of the two teams. (this would assist umpire availability issue)
2. If a game is rescheduled as part of a doubleheader, the host school will assume cost of the umpires.

## G. Umpires

1. Varsity level umpires will be assigned by the Conference Commissioner with the approval of the Athletics Directors.
2. Junior Varsity and Freshmen officials shall be secured by the host school.
3. Coaches are reminded to evaluate the umpires on web page provided by the WIAA.
4. The host school will be responsible for hiring and paying officials. If a game is postponed, the originally scheduled umpires shall be offered the rescheduled date first; if they are not available, another set of officials will be hired by the host school.

## H. Conference

1. The conference champion will be determined by the conference standings at the end of the 18 game schedule.
2. There will be no tie-breakers in determining a conference champion. All teams with the best records will be named co-champions and each team will receive the same conference honor.
3. The conference champion(s) will receive a plaque.

## I. All-Conference Selections

## Nomination/Voting Procedure for All-Conference Teams

1. Each school will determine its own policy on nominating any student.
2. Nominations shall be submitted by the head coach on a conference-approved form.
3. The nomination must be signed and approved by the Athletics Director and sent to the Conference Commissioner by the agreed upon deadline.
4. Coaches should consider their finish in conference standings when determining the number of players to be nominated. A pitcher may nominated and selected at more than one position. Other position players can only be selected at one position. The Utility/DH must have played at least three (3) positions during the conference season or been the DH in $50 \%$ of the conference games, or a combination of both.
5. Prior to the end-of-season coaches meeting, the Conference Commissioner shall email a list of all players nominated for all-conference to head coaches.
6. The coaches will discuss players at the end-of-season meeting and will vote by open ballot at this time.
7. The sports liaison shall tabulate the results and report them to the coaches and to the media at the discretion of the conference commissioner.
8. A first team vote will be worth 3 points and a second team vote will be worth 1 point. If tied, the number of first team votes is the tie breaker.
9. Coaches may not vote for his/her own player.

## All-Conference Allocations/Numbers <br> All-Conference Teams

1. There will be a first and second all-conference team.
2. The first and second team shall consist of 26 players for the first and second teams.
3. Two 12 -member teams (first team and second team) shall consist of 3 pitchers, 1 catcher, 4 infielders, 3 outfielders and $1 \mathrm{DH} /$ Utility and l player to be determined by the coaches; ie. once first and second teams have been determined, coaches will have a chance to elevate a second team player to first team and an honorable mention player to second team.
4. In order for a player to receive honorable mention, he must receive votes from 2 schools.

## Player(s) of the Year

(Note: Voting procedures may preclude having this process.)

1. Each sport shall have officially recognized Player(s) of the Year.
2. Baseball may have 2 Players of the Year.
3. Each school will nominate l player for consideration as Player of the Year; after the first vote is conducted and a Player of the Year is selected, the school in which the first player of the year was chosen from may then nominate a replacement or second player. A second vote will then take place and a second Player of the Year will be selected.
4. All players nominated shall be voted upon. A simple majority vote will be used.
5. Part of the process must be a secret ballot.
6. Coaches may not vote for his/her own player.
7. The entire process shall take place at the end-of-season meeting.

## Coach of the Year

1. Each sport shall have one officially recognized Coach of the Year.
2. Each school may nominate one coach for the award.
3. A coach may not nominate himself/herself. The nomination must be seconded.
4. All coaches nominated shall be voted upon. Coaches should rank their votes in order of preference. For example, if three coaches are nominated, each coach should vote for his/her first choice, second choice and third choice. The lowest vote-getter will be Coach of the Year. If there is a tie, coaches will share the honor.
5. The entire process shall take place at the end-of-season meeting.

## Official of the Year

1, Coaches may nominate an official for "official of the year" consideration on their player nomination form.
2, Discussion and voting on "official of the year" will occur at the all-conference end-ofseason meeting.
3. The "official of the year" will receive a certificate from the Commissioner on behalf of the Conference.

## J. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the Conference Commissioner.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, to answer questions and to run the meeting.
4. The purpose of the meeting will be to:
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded and voted upon; changes approved will be approved or denied by a majority vote of the Athletics Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION II BASKETBALL (3.12.18 update)

## A. Game Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletics Directors by November $l^{\text {st }}$ of the previous year.
2. The conference schedule will be 18 games with 9 home/9 away. Games may be moved by Athletic Directors with mutual consent, notifying the Conference Commissioner of any date changes as soon as possible.
3. The JVl game shall start at 5:45 p.m., and the Varsity game will start after the 15 -minute Warmup period but NOT earlier than 7:00.
4. If there is one JV2 game, it will be at 5:40 p.m. The games are to be held on the same night as the JV/Varsity games at the same school, unless mutually agreed upon.
5. Any JV3 (lower level) games will be scheduled between participating schools, and when there is a choice, JV3 games will be played prior to the JV2, unless mutually agreed upon.

## B. Game Procedures/Details

1. The JV1, JV2 and Varsity will play two halves. Varsity will play 18 minute halves; Non-Varsity will play 16 minute halves.
2. The visiting school will have access to its locker room 45 minutes prior to game start.
3. JV2 games will not have fifth quarters.
4. The official basketball will be the WIAA state approved ball for the state tournament. For girls basketball, the official basketball will be the WIAA State Approved ball from the previous years' state tournament or the current year's state Tournament ball, if the basketballs would be different.
5. The host school will provide the visiting team with eight (8) basketballs prior to the JV game upon the arrival of the visiting coach.
6. The JV1/JV2 teams will take the court at $5: 30$ for warm-ups. There will be NO shooting until warm-ups, and no shooting before or during the JV game by Varsity players.
7. The standard WIAA procedure will be followed for the 15 -minute warm-up period.
8. We will follow established WIAA procedures for the National Anthem and team introductions.
9. Films should be uploaded within 48 hours on weekend for Friday game and 24 hours for games played during the week.

## C. Conference Statistics/Scores/Media Reporting

1. The home and visiting teams shall record their own stats on template and submit to the Commissioner who will release weekly composite to schools and media. Stats should be reported no later than Mondays by 3:00.
2. The home team will be responsible for reporting stats to its media outlets and to the visiting Teams media outlets as soon as possible after the game.

## D. Individual Participation Rules

1. Schools are responsible for number of halves for players per night.
2. Seniors are not permitted to participate on JV teams unless special circumstances exist, i.e. foreign exchange student, special disability, etc., and permission from the competing Athletic Director is obtained.

## E. Make-ups/Cancellations

1. If games are cancelled during the season due to weather conditions,
a. School district policies will dictate re-schedule of games.
b. All schools in the conference will be made aware of re-scheduled dates for scouting purposes.

## F. Officials

1. Varsity level officials will be assigned by the Conference Commissioner with approval of the Athletic Directors.
2. Non-varsity officials shall be secured by the host school.
3. The coaches will rank officials using the WIAA website and these will be used by the Conference Commissioner in making assignments for the following season.
4. The FRCC will attempt to use 3-person crews for each varsity basketball game with the assigned officials securing the third official or assigned by the Commissioner.

## G. Conference Champion

1. The conference champion will be determined on the conference standings at the end of the season based on the 18 game schedule.
2. There will be no tie-breakers in determining a conference champion. All teams with the best records will be named co-champions and receive the same conference honors.
3. The conference champion will receive a plaque.

## H. All-Conference Selections

Nomination/Voting Procedure for All-Conference Teams

1. Each school will determine its own policy on nominating any student.
2. Nominations shall be submitted by the head coach on a conferenceapproved form.
3. The nomination must be approved by the Athletics Director and emailed to the Conference Commissioner by the agreed upon deadline.
4. Coaches should consider their finish in conference standings when determining numbers of players nominated.
5. Coaches will receive from the Commissioner a list of nominated players.
6. Coaches will then, using a 15 -point scale, rank the best player (15), the next best (14), etc., and submit his/her ballot to the sport liaison for tabulating.
7. The sport liaison shall tabulate the results and report them to the coaches and to the Commissioner, who will release the list to the media.

## I. All-Conference Allocations/Numbers

All-Conference Teams

1. There will be a first and second all-conference team which shall consist of 12 players
2. The six players receiving the most points will be first team all-
conference; the next six will be second team. If there is a tie for the
last spot on the first team, both players make the team. No re-vote is needed. (EX: 7 first team players, 5 second team players)
3. Players who receive at least two votes from opposing coaches will be considered Honorable Mention.

## Player of the Year

1. Each sport shall have an officially recognized Player of the Year. The player receiving the most points will be award the Player of the Year.
2. One defensive Player of the Year will be recognized, using the same format listed above.
3. If there is a three-way tie, a 5-3-1 vote of those players will be taken.
4. Coaches may not vote for his/her own player.
5. The entire process shall take place at the end-of-season meeting.

## Coach of the Year

1. Each sport shall have one Coach of the Year.
2. A Coach of the Year will be selected on a vote of all coaches.
3. All coaches nominated shall be voted upon. Coaches should rank their votes in order of preference using a numbering system with the coach receiving the highest points being named Coach of the Year.
4. The entire process shall take place at the end-of-season meeting.

## Official of the Year

1, Coaches may nominate an official for "official of the year" consideration on their player nomination form.
2, Discussion and voting on "official of the year" will occur at the all-conference end-ofseason meeting.
3. The "official of the year" will receive a certificate from the Commissioner on behalf of the Conference.

## J. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the Conference Commissioner/Liaison.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Robert's Rules of Order, to answer questions, and to run the meeting.
4. The purpose of the meeting will be to:
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review Sport Regulations. Any changes recommended must be motioned, seconded, and voted on for approval/denial by the Athletic Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION III CROSS COUNTRY (11.7.18)

## A. Meet Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletic Directors by August $l^{\text {st }}$ of the previous year.
2. The FRCC championship meet ( 10 team coed meet) shall be held the Thursday prior to the WIAA Sectional meet. The conference championship meet will start at 3:00 PM for 2019 but will be reviewed annually due to WIAA calendar changes.
There will be a FRCC JV meet in conjunction with the varsity conference championship meet. The host for the meet will be determined / scheduled on a rotational system. (Rotation attached)

## B. Meet Procedures/Details

l. The order of races will be as follows: JV/JV followed by Varsity/Varsity. The race order will follow the same race order used in the WIAA sectional. (2015-girls, 2016-boys, etc)
2. In the conference meets, each Varsity team shall consist of eight (8) runners. All eight Varsity runners will receive a place number and act as either team scorers (5) or displacers (3). The sum of the top five (5) place finishers for each team will comprise the Varsity team score.
3. An unlimited number of athletes can compete in the JV conference meets. Eight JV runners will act as either team scorers (5) or displacers (3). The sum of the top five (5) place finishers for each team will comprise the JV team score.
4. The conference championship meets (Varsity and JV) will be scored using a "chip style" fully automatic timing system (FAT). The FRCC will contract and pay for the FAT timing system to include a results Scoreboard, when available. A copy of the timing contract shall be sent to the host school once the contract has been approved and signed.
Team results must be provided for coaches at the conclusion of the meet. (paper and/or electronic)
C. Officials

1. The Conference Commissioner will assign two (2) officials for the conference meet.
D. Conference Champion
2. The conference champion will be determined by the conference championship meet.
3. The conference champion will receive a plaque.
E. Conference Statistics/Scores/Media Reporting
4. In the conference championship meets the host team shall provide a copy of the official meet results to the Conference Commissioner and all competing FRCC schools by noon the following day.
5. In the conference championship meets the host team will be responsible for reporting the results to ALL home/visiting outlets as soon as possible the night of the meet.

## F. All-Conference Selections

1. All conference selections will be determined by finish in the conference championship meet. The first eight finishers will be first-team all-conference, followed by the next eight finishers (second team) and next eight finishers (honorable mention).
2. The first place varsity boys' and the first place varsity girls' runners will be conference Runners of the Year.

## G. End-of-Season Coaches Meeting

1. Cross Country will hold its end-of-season coaches meeting in conjunction with the cross country conference championship.
2. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, to answer questions and run the meeting.
3. The purpose of the meeting will be to:
a. Review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded and voted upon; changes approved will be approved or denied by a majority vote of the Athletics Directors.
b. Discuss other agenda items brought forward prior to the start of the meeting.
4. Voting for Coach of the Year (male \& female), will take place by an email vote by each Head Coach and/or Athletic Director to the Conference Cross Country Liaison within 24 hours of the conclusion of the Conference Championship.

## SECTION IV FOOTBALL (10.18.18 update)

## A. Game Times/Dates/Scheduling

1. The JV2, JV1 and Varsity schedules will be set by the Conference Commissioner and approved the Athletic Directors by August 1 of the previous year.
2. The Varsity conference schedule will be nine games.
3. All Varsity games will be played at 7 p.m. on Friday nights. Any Saturday games will not be played prior to 1:00.
4. The FRCC will complete its Varsity regular season by Friday prior to the WIAA playoffs.
5. JV2 and JV1 games will be played on Monday at $5: 00$. JV will play at the school opposite the previous Friday night varsity game and Freshmen will play at the site of the previous Friday night game. Times can be changed if mutually agreed upon by both schools.
6. The JV1 schedule will be nine games. The first conference game will be the Monday after the first Varsity conference game. No games on Labor Day.
7. The JV2 schedule will be eight games, starting with week 2, and will follow the JV schedule. Schools have the option to schedule a ninth JV2 game during week 1.

## B. Game Procedures/Details

## Varsity Games

1. The WIAA state ball (Wilson GST) will be the official conference game ball.
2. The field clock shall be started at least 20 minutes prior to the start of the game and the field clock will run during halftime. All halftimes are to be at least 15 minutes in length.
3. The home team will wear dark colored uniforms and the visiting team will wear light uniforms.
4. Each team will provide a copy of the starting line-ups to the press box upon entering the field for pre-game warm-ups.
5. The playing field shall be made available for pre-game ceremonies ten (10) minutes prior to the start of the game. Performance squads will have the middle of the field (between the 30 -yard lines) for their routines. Teams may remain practicing but they must do so from the twentyyard (20) to the end zone.
6. The home team will have the choice of which end of the field they will use for pre-game warmups. Visiting team must be notified prior to the game.
7. The host school will provide at least three (3) spots for the visiting team in the Press box, including a spot for the person filming.
JVI Games
8. Quarters will be 10 minutes.
9. Halftimes will be 10 minutes.
10. Overtimes will be played.

## JV2 Games

1. Quarters will be 10 minutes.
2. Halftimes will be 10 minutes.
3. No overtimes will be played.

## C. Conference Statistics/Scores/Media Reporting

1. Each school will report their own stats to the Wissports web site. Schools must report their stats no later than the following Monday to the Commissioner for website updates.
2. The home team will be responsible for reporting scores to media outlets.
D. Individual Participation Rules
3. Seniors are not permitted to participate on JVl teams unless special circumstances exist, i.e. foreign exchange student, special disability, etc. and permission from the opposing Athletic Director.
4. Juniors may play down to a JV2 team only when a shortage of sophomore numbers demands it. Junior players must be identified/declared to the coach prior to the day of the game. the day of the game
5. JV3 games will be arranged individually school to school.

## E. Scouting Procedures

1. Game access for scouting will be arranged through a Conference agreement with a digital scouting program. Each team will have access to each Conference opponent game
schedule throughout the season. Each school is responsible for paying subscription fees for this scouting program. (Scrimmages are not recorded with the program)
2. No team shall exchange tape/DVD with a playoff opponent of another conference team under any circumstance.
3. No space will be provided for scouts in the press box.

## F. Officials

1. Varsity level officials will be assigned by the Conference Commissioner.
2. Non-Varsity officials shall be secured by the host school.
3. Coaches will complete the refranking form from the WIAA which will be used by the Conference Commissioner in assigning crews for the following year.
4. The FRCC will use a 5-man crew for all Varsity conference games.

## G. Conference Champion

l. The conference champion will be determined the conference standings based on the nine game schedule.
2. There will be no tie-breakers in determining a champion. All teams with the best records will be named co-champions and each team will receive the same conference honor.
3. For playoff seeding, the WIAA tie-breaker will be followed. (Refer to the WIAA Fall Season Regulations Handbook)
4. The conference champion will receive a plaque.

## H. All-Conference Selections

Nomination/Voting Procedure for All-Conference Teams
l. Each school will determine its own policy on nominating any student.
2. Nominations shall be submitted by the head coach on a conference- approved form.
3. The nomination must be approved by the Athletics Director and sent to the Conference Commissioner by the agreed upon deadline.
4. Coaches should consider their finish in conference standings when determining numbers of players nominated.
5. Prior to the end-of-season coaches meeting, the Conference Commissioner shall email a list of all players nominated for all-conference consideration to all head coaches.
6. The coaches shall vote for a first team and second team, with a first team vote receiving three (3) points and a second team vote receiving one (l) point. The tie breaker will be the player receiving the most first team votes. If players are still tied, duplicate awards will be given.
7. The sport liaison will tabulate the results and release to the media at the discretion of the Conference Commissioner.
I. All-Conference Allocations/Numbers for All-Conference Teams
l. There will be a first and second all-conference team following the Coaches State format.
2. Based on Football Coaches Association format, the following positions will be used for first and second team (53 total players):
Offense
2 running backs
2 quarterbacks
5 offensive linemen (regardless of position)
1 tight end/H-back/fullback
3 wide receivers
1 kicker
1 return specialist (first team only)
Defense
2 defensive linemen
2 defensive ends
2 outside linebackers
3 inside linebackers
4 defensive backs
1 punter

- 2 additional $1^{\text {st }}$ team selections to be voted on by coaches, moving a second team selection, one for offense and one for defense, to first team. Voting will occur for these selections. Whoever receives the most points would be added to first team at their respective positions. (Positions will not be filled on second team)
Honorable Mention- players receiving a minimum of votes from two schools.

4. All-conference players will receive all-conference certificate awards.

## Player(s) of the Year

1. Each sport shall have officially recognized Player(s) of the Year.
2. Each sport may have Player(s) of the Year consistent with 20 percent of a starting team for its sport. For football, 20 percent of eleven is 2.2 or three Players of the Year, 3 on offense and 3 on defense.
3. Player Awards are as follows:
-Defensive Back of the Year (either LB or DB)
-Defensive Lineman of the Year (either DE or DT)
-Offensive Back of the Year (either RB, WR, or QB)
-Offensive Lineman of the Year (TE or OL)
-Offensive Player of the Year
-Defensive Player of the Year
4. All players nominated shall be voted upon. Coaches will determine the voting procedure.

This part of the process will be a secret ballot.
a. Coaches may vote for his/her own player.
b. The entire process shall take place at the end-of-season meeting.

## Coach of the Year

l. Each sport shall have one officially recognized Coach of the Year.
2. Each school may nominate one coach for the award.
3. A coach may not nominate himself/herself.
4. All coaches nominated shall be voted upon. Coaches should rank their votes in order of preference. For example, if three coaches are nominated, each coach should vote for his/her first choice, second choice and third choice. The lowest vote-getter will be Coach of the Year. If there is a tie, coaches will share the honor.
5. Voting will occur when coaches complete the final player ballot.
6. The entire process shall take place at the end-of-season meeting.

## Officiating Crew of the Year

1, Coaches may nominate an official for "officiating crew of the year" consideration on their player nomination form.
2, Discussion and voting on "officiating crew of the year" will occur at the all-conference end-of-season meeting,
3. The "officiating crew of the year" will receive a certificate from the Commissioner on behalf of the conference.

## J. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the Liaison and Commissioner.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the Meeting is conducted by Roberts' Rules of Order, to answer questions, and to run the Meeting.
4. The purpose of the meeting will be to:
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations. Note any changes recommended to the sports regulations must be motioned, seconded, and voted on; changes will be approved/denied by a majority vote of the Athletic Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION V BOYS GOLF <br> (updated 6.9.19)

## A. Meet Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner /Coaches and approved by the Athletic Directors by December 1 of the previous year.
2. The conference schedule will consist of 1 eighteen hole meet at the beginning of the season at a netural site in the southern area of the state. There will also be 4 nine hole meets, 1 mid-season 18 hole meet and 1,18 -hole conference tourney at Wander Springs. The conference Junior Varsity schedule will consist of 1,18 -hole meet at the beginning of the season at a neutral site in the southern area of the state. There will also be 5 ninehole meets on separate dates from the varsity, and 1,18 -hole conference tourney at Wander Springs on the day before the Varsity conference meet.
3. Tee times on the nine-hole meets will be staggered and set-up by the host school to allow students from the schools to miss less school time.
B. Meet Procedures/Details
4. The conference tournament will be held at Wander Springs. The host school will rotate.
5. Schools will host the FRCC 18-hole JV meet one year and the FRCC eighteen-hole varsity meet the next year.
6. Start times for conference meets will be: $1: 00 \mathrm{pm}$ for varsity if it is a shot gun start and 2:00 pm for junior varsity; or as late as allowed by golf courses.
7. Conference Schedule Rotation
a. The first conference meet of each season will have teams paired based on the previous season's results.
b. The second conference meet of each season will have teams paired as follows:

- Bay Port, Ashwaubenon, De Pere, Pulaski
- Notre Dame, GB Preble, GB Southwest
- Sheb North, Sheb South, Manitowoc Lincoln
c. The third and fourth conference meets will have the teams paired as in the rotation found on the rotation chart below.
d. The remaining three conference meets will have the teams seeded according their current standings.

| 2020-\#1 | 2020-\#2 | 2021-\#1 | 2021-\#2 | 2022- \#1 | 2022- \#2 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| GB Southwest | De Pere | GB Southwest | Pulaski | GB Southwest | Sheb South |
| GB Preble | Ashwaubenon | Notre Dame | Ashwaubenon | GB Preble | De Pere |
| De Pere | Notre Dame | Bay Port | Sheb South | De Pere | Sheb North |
| Ashwaubenon | Manitowoc | Pulaski | Manitowoc | Ashwaubenon | GB Southwest |
| Bay Port | Bay Port | De Pere | De Pere | Pulaski | Manitowoc |
| Notre Dame | GB Southwest | Manitowoc | Notre Dame | Notre Dame | GB Preble |
| Sheb South | Sheb North | Sheb South | GB Preble | Sheb North | Pulaski |
| Manitowoc | Sheb South | Sheb North | GB Southwest | Sheb South | Bay Port |
| Sheb North | Pulaski | GB Preble | Sheb North | Bay Port | Notre Dame |
| Pulaski | GB Preble | Ashwaubenon | Bay Port | Manitowoc | Ashwaubenon |
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| 2023- \#1 | 2023- \#2 | 2024- \#1 | 2024- \#2 | 2025- \#1 | 2021- \#2 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| De Pere | Manitowoc |  |  |  |  |
| Pulaski | GB Preble |  |  |  |  |
| Sheb North | Bay Port |  |  |  |  |
| GB Southwest | Sheb South |  |  |  |  |
| Sheb South | GB Southwest |  |  |  |  |
| Bay Port | De Pere |  |  |  |  |
| Manitowoc | Notre Dame |  |  |  |  |
| Ashwaubenon | Ashwaubenon |  |  |  |  |
| Notre Dame | Pulaski |  |  |  |  |
| GB Preble | Sheb North |  |  |  |  |
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5. Range balls must be provided by the host school at the conference meets.
C. Conference Champion
6. Scoring to determine a conference champion will be as follows:
a. 18 hole meet and 9 hole meets will be 10 points for first, 9 points for second, etc. and l point for tenth place.
b. The conference meet will be scored 20 points for first, 18 for second, etc. and 2 points for tenth.
7. There will be one conference champion.
8. There will be no tie-breakers in determining a conference champion. All teams with the best records will be named co-champions and each team will receive the same conference honor.
9. The conference champion will receive a plaque.

## D. Conference Statistics/Scores/Media Reporting

1. The host team shall record stats on the conference stat sheet and report to the Notre Dame coach and opposing team's coach by noon of the following weekday.
2. The host team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the day of the meet.

## E. Rainouts/Make-ups

1. If a conference meet is rained out or cannot be made up, no points will be awarded towards determining the conference champion

## F. All-Conference Selections

1. Each school will determine its own policy regarding athletes earning all-conference status.
2. Selections will be based upon players' average scores in all meets,.
3. To be eligible, boys must play in the 18 -hole conference meet and play 54 of the 72 other Conference holes (in other words play both of the other 18 -hole events and two of the four 9 -hole vents OR play one of the two other 18 -hole vents and all four 9 -hole events.)
4. Any athlete who is suspended during the golf season for unsportsmanlike action during a conference match will not be eligible for all-conference.
5. Players who have the top five averages will be first team, the next five players will be second team, and the next five players will be honorable mention. Any ties for the final spots on the first, second, and honorable mention teams. Will be considered ties. There will be no tie-breakers for the last spots based on the selection criteria of using scoring averages.

## G. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. Coaches will hold their season ending meeting prior to the start of the Varsity Conference meet.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, answer questions, and run the meeting.
4. The purpose of the meeting will be to:
a. Player of the Year will be the individual with the lowest stroke average in conference play. Coach of the Year will be selected after the FRCC conference championship.
b. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded, and voted on; changes; changes will be approved/denied by majority vote of the Athletic Directors.
c. Discuss other agenda items brought forward prior to the start of the meeting.

## GIRLS GOLF (10.4.19)

## A. Meet Times/Dates/Scheduling

1. The schedule will be set by the Commissioner/Coaches and approved by the Athletics Directors and distributed to the Athletics Directors by March ${ }^{\text {st }}$ of the previous year.
2. The conference schedule will consist of 4 nine-hole varsity meets where all 8 schools would participate and 2 eighteen-hole conference meets. The eighteen-hole conference tournament will include both varsity and junior varsity golfers. For the conference meet, the conference will pay the varsity green fees and schools will be responsible for paying the JV green fees. Due to course availability, the junior varsity schedule will be split to 4 meets with 4 schools hosting.
3. Varsity start time will be l:00 pm; Junior Varsity start time will be $3: 00 \mathrm{pm}$. However, course availability may dictate changes in start times.
4. At all 9 hole conference JV meets, teams will bring 6 players and count 4 scores.
5. Schools may bring JV team to the first 18 hole conference meet of the year.
6. All Varsity meets will have 5 players, counting 4 scores.

## B. Meet Procedures/Details

1. The conference tournament will be held at Wander Springs. The host school will rotate.

## C. Conference Champion

l. Scoring to determine a conference champion will be as follows:
a. With 7 teams, points for regular season meets will be scored: 7-6-5-4-3-2-1
b. The conference tournament will be scored: 14-12-10-8-6-4-2
c. The total points for all matches will determine the conference champion.
2. There will be no tie-breakers in determining a conference champion. All teams with the best records will be named conference co-champions.
3. The conference champion will receive a plaque.

## D. Conference Statistics/Scores/Media Reporting

1. The host team shall record stats on the conference stat sheet and report to the Notre Dame coach and opposing team's coach by noon of the following weekday.
2. The host team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the day of the meet.

## E. All-Conference Selections

1. Each school will determine its own policy regarding players earning all-conference status.
2. Selections will be based upon players' average scores in all nine hole meets and the conference meet. (Averages are rounded out to two decimal places.)
3. To be eligible, girls must compete in 36 of the 54 holes in conference play as well as the Conference meet.
4. Any athlete who is suspended during the golf season for unsportsmanlike action during a conference match will not be eligible for all-conference.
5. Players who have the top five averages will be first team, the next five players will be second team and the next five players will be honorable mention. Any ties for the fifth position on a team would result in six players being honored on that team.

## G. End-of-Season Coaches Meeting

l. Each sport will have an end-of-season coaches meeting.
2. Coaches will hold their season ending meeting prior to the start of the Varsity conference meet.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, to answer questions, and to run the meeting.
4. The purpose of the meeting will be to:
a. Player of the Year will be the individual with the lowest stroke average in conference play.
b. Discuss and confirm all-conference selections;
c. Vote on Coach of the Year;
d. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded, and voted on; changes will be approved/denied by a majority vote of Athletic Directors.
e. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION VI BOYS HOCKEY (updated 3.15.17)

## A. Game Times/Date/Scheduling

1. The schedule will be set by the Athletic Directors/Coach in cooperation with the various Ice Center hosts with regards to rink availability. Schedules will be sent to the assignor for hockey officials as soon as possible.
2. The conference schedule will be eight (8) games. Games will be 4 home and 4 away.
3. Specific game dates and time will be determined by the host school in cooperation with the various Ice Center hosts.
B. Game Procedures/Details
4. Varsity games will play 17 minutes periods. JV will play 15 minutes periods.
5. If tied after regulation:
a. team will play and 8 -minute sudden death period consisting of 5 on 5 hockey. The first team to score a goal will win the game. If the teams are still tied at the end of overtime, they will proceed to a shootout
b. Shootout- each team selects 3 players for the shootout- the team with the most shootout goals after all players have finished will be the winner. It still tied, then the teams will play a sudden death shootout. Each team will select one player for the sudden death shootout. If the score is still tied, the teams will select another player. This process will repeat until there is a winner. Players may be repeated if a sudden death shootout occurs. (T.J.Oshie rule)
C. Conference Statistics/Scores/Media Reports
6. The home and visiting teams shall record their own stats. Stats will be reported and compiled through wiprephockey website by Monday following the weekend.
D. Individual Participation Rules
7. Students can play at any level of hockey. Players can play up to five periods in a day, per WIAA guidelines
E. Make-ups/Cancellations
8. If games are cancelled during the season due to weather conditions,
a. School district policies will dictate re-schedule of games
b. All schools in the conference will be made aware of re-scheduled dates. Events must be updated in a timely fashion in rSchool by the host school.

## F. Officials

1. Varsity and JV officials will be assigned by the Sport Official Assignor with the approval by the Athletics Directors
2. Sport Officials Assignor is responsible for the procurement and contracting of officials for all nonconference and home tournaments.
3. Sport Official Assignor shall notify each school of contracted officials assigned to each contest
4. Sport Official Assignor will report to Athletic Directors any contract violations or misconduct of an official.
5. Officials are reviewed/ranked/provided due-process internally by committee to determine future assignments. Coaches can request/deny specific officials with the Assignor.
6. Sport Official Assignor will provide an e-contract thru Arbiter for each official, for each contest to which they have agreed to officiate.

## G. Conference Champion

1. The conference seeding will be determined buy counting 3 points for a win in regulation or forfeit; it tied, use 3 man shoot out, if still tied, used sudden death shoot out with roster list, for two points, one point if still tied, and zero points for a loss in all contests that make up the conference schedule.
2. The Conference Champion will be determined by overall conference record.
3. The Conference Champion will receive a conference plaque.
H. All-Conference Selections
4. Each coach will nominate his All-Conference candidates on forms provided by AD Liaison. The AD Liaison will compile and provide copies for balloting. Meeting will be chaired by the AD Liaison to Hockey.
5. Nominations may not be added at the meeting. Each coach will be provided an opportunity to discuss each player nominated before the voting takes place.
6. All voting would be on a point basis as indicated below:
a. $5,3,2,1$ when voting for Goaltenders
b. $7,5,3,2,1$ when voting for Defensemen
c. $11,9,7,5,3,2,1$ when voting for forwards
7. Coaches may not vote for their own nominees
8. A coach could vote equally for two or more candidates by averaging the number of points equal to the number of positions to be selected. For example, in selecting two defensemen; using (b) above, the 5 and 3 may be used for two separate nominees or you may give each of two players 4. This could be a
possibility, but may never occur. Votes may not be split where fractions result. This does not apply to tie breaking.
9. The players who receive the most votes (points) will be designated to the FRCC All-Conference Team as follows:
First Team: 1 Goaltender, 2 Defensemen, and 3 Forwards
Second Team: 1 Goaltender, 2 Defensemen, and 3 Forwards
10. Any player who receives on the following votes from any coach shall receive Honorable Mention:
a. Goaltenders: (top 2 of any coach; or point value of 5,3)
b. Defensemen: (top 4 of any coach; or point value of $7,5,3,2$ )
c. Forwards: (top 6 of any coach; point value of $11,9,7,5,3,2$ )
11. In case of a Tie:
a. All coaches must have voted for the nominee
b. The number of first place votes would be the second determining factor
c. If still tied at this point, the candidates involved directly in the tie would be re-voted upon. All schools must vote except those with athletes involved.
d. If they still remain tied, the tie would stand.
12. In order to be eligible for nominations for All-Conference, an athlete must play in $50 \%$ of conference games $n$ the position nominated.
13. All voting will be done by the Head Coach or his representative in open voting format.
14. Each team may name ONE player for Honorable Mention who is listed on the ballot but has not been Voted for an award.
15. All conference award winners will be announced during the final day of the tournament.

## I. Player of the Year

1. Each sport shall have an officially recognized Player of the Year
2. The entire process shall take place at the end-of-season meeting

## J. Coach of the Year

1. Each sport shall have an officially recognized Coach of the Year
2. The entire process shall take place at the end-of-season meeting, nominations will be included on player nomination form and will be accepted at Coaches meeting.
3. Simple majority wins and coaches cannot vote for themselves.

## K. Official of the Year

1. Coaches may nominate an official for "official of the year" consideration on their player nomination form.
2, Discussion and voting on "official of the year" will occur at the all conference end-of-season meeting.
2. The "official of the year" will receive a certificate from the Commissioner on behalf of the Conference.

## L End-Of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting
2. The date, time, and location will be determined by the Conference Commissioner/AD Liaison.
3. Each sport will have an Athletic Director act as the liaison at the meeting to ensure the meeting is conducted by Roberts' Rule of Order, to answer questions and to run the meeting.
4. Each sport will have a head coach act as the secretary.
5. Roberts' Rules of Order will be used for the meeting.
6. The purpose of the meetings will be to:
a. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded, and voted upon; changes approved will be approved or denied by a majority vote of the Athletic Directors.
b. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION VII SOCCER (6.7.17)

A. Game Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletics Directors and distributed to the Athletics Directors by August $l^{\text {st }}$ (boys) and March $1^{\text {st }}$ (girls) of the previous year.
2. All varsity FRCC conference games played in Manitowoc will start at $4: 30 \mathrm{p} . \mathrm{m}$. At all other sites the games will be played at 4:30 (JV) and 6:30 p.m. (Varsity).
3. Game dates will be scheduled by the Commissioner.
4. The conference schedule will consist of 9 games.
5. The conference JV schedule will follow the same schedule as the Varsity with additional JV games based on two pools.
B. Game Procedures/Details
6. The regular season JV and Varsity dual matches shall follow WIAA and NFHS rules in case of ties at the end of regulation.
7. A 10 -goal rule will be in effect if the differential is 10 at the end of the first half or at anytime in the second half. If so, the game will end. This is for ALL FRCC games.

## C. Conference Statistics/Scores/Media Reporting

1. Each team will report stats to wissports web site. The Commissioner will record team scores and standings on a weekly basis.
2. The home team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the night of the game.

## D. Individual Participation Rules

1. Seniors are not permitted to participate on JV teams unless special circumstances Exist, i.e. foreign exchange student, special disability, etc, and permission from the opposing school Athletic Director.

## E. Officials

1. Three registered WIAA officials shall be used for Varsity games.

Two registered officials will be used for JV games.
2. Varsity level officials will be assigned by the Conference Commissioner or assignor.
3. Officials shall be secured by the host school for JV2 games.
4. Coaches will rank officials on refranking provided by the WIAA and the Conference Commissioner will use these rankings for future assignments.

## F. Conference

1. The conference champion will be determined by a point system; receiving two points for a conference dual win, one point for a conference dual tie, and zero points for a conference dual loss.
2. There will be no tie-breakers in determining a conference champion. All teams with the highest points will be named co-champions in the conference championship. Each team will receive the same conference honor.
3. The conference champion will receive a plaque.

## G. All-Conference Selection

## Nomination/Voting Procedure for All-Conference Teams

1. Each school will determine its own policy on nominating any student.
2. Nominations shall be submitted by the head coach on a conference- approved form.
3. The nomination must be approved by the Athletic Director and sent to the Conference Commissioner by the agreed upon deadline.
4. Coaches should consider their finish in conference standings when determining numbers of nominated players.
5. Prior to the end-of-season coaches meeting, the Conference Commissioner shall email a list of all players nominated for all-conference to soccer Liaison, who will forward to all head coaches. The ballot will include a column for a coach's recommendation for where he/she feels his/her player belongs. The ballot will be divided up by position. The four positions are Keeper, Forward, Midfielder, and Defense. All-conference teams will be comprised of the following:
FIRST TEAM: 13 field players and 1 keeper
SECOND TEAM: 12 field players and 1 keeper
Honorable Mention: he/she must receive votes from a minimum of $20 \%$ of schools sponsoring the sport, which equates votes from 2 schools
6. The coaches will discuss players at the end-of-season meeting and will vote by open ballot at this time. Coaches cannot vote for their own players.
7. All-Conference Voting Procedure:
a. GOAL KEEPER will be voted first. All coaches who nominated their keeper will have a chance to talk about their nominated player. The vote will go 3-2-1. You cannot vote for your own player. Top vote getter is first team all-conference. Second highest point total will be added to the first team AT Large pool nominees and will be $1^{\text {st }}$ or $2^{\text {nd }}$ team, depending on vote; the $3^{\text {rd }}$ place vote winner will be $2^{\text {nd }}$ team or HM, depending on the "at large" voting for the $2^{\text {nd }}$ place keeper. Other vote winners will remain the same. 2 votes will be honorable mention.
b. FORWARDS will be voted next on first ballot of Field Players. Coaches will talk about their nominated players. Each coach will vote for 5 players, but NOT their own. The top layer will receive a score of 5 , second 4 , third 3 , fourth 2 , and fifth 1 . The votes will be tallied with the top 3 point receivers making the First Team. The next 3 top point receivers will go into the At Large ballot. If there are any ties for the last 3 point receivers, they will all go into the At Large ballot.
c. MIDFIELDERS will be voted next. Coaches will talk about their own nominated players. Each coach will vote for 5 players, but NOT their own. The top player will
receive a score of 5 , second 4 , third 3 , fourth 2 , and fifth 1 . The votes will be tallied with the top 3 point receivers making the First Team. The next 3 top point receivers will go into the At Large ballot. If there are any ties for the last two point scorers, they will go into the At Large ballot.
d. DEFENDERS will be voted next. Coaches will talk about their nominated players. Each coach will vote for 5 players, but NOT their own. The top player will receive a score of 5 , second 4 , third 3 , fourth 2 , and fifth 1 . The votes will be tallied with the 3 top point receivers making the First Team. The next 3 top point receivers will go into the At Large ballot. If there are any ties for the last 3 point scorers, they will all go into the At Large pool.
e. AT LARGE FOURTH BALLOT- The 10 top point receivers from the first 3 Field position voting will now be discussed for the 4 At Large positions. The coaches will vote 4-3-2-1. Coaches CANNOT vote for their own players. The top 4 point receivers will be First Team all-conference. The remaining players who received points will be put on the Second Team all-conference. These spots will be subtracted from the $2^{\text {nd }}$ team all-conference ballots. The second team will consist of 3 Forwards, 3 Midfielders, 3 Defenders, with 3 At Large selections and 1 Keeper.
f. REPEAT STEPS a-d for Second Team all-conference. Any player who receives at least 3 votes from the coaches will be Honorable Mention all-conference.
g. VOTING CONSIDERATIONS- in the event a vote consists of a number of players less than the number used for the vote (i.e. 4 players for a 5 player vote using 5-4-3-2-1), or because of a situation where a coach must cast fewer votes due to situations where they cannot vote for their own players, the votes cast shall be reduced at the lower end of the voting string. (EX: in a situation asking for a 3-2-1 vote and the number of players were 2 , other votes cast by all coaches would be 3-2. Additionally, if the number of players in consideration were 4 and two were from one team, the coach of the team containing the two players would only cast two votes 3-2 and the remaining coaches would cast three votes 3-2-1.
8. The sport liaison shall tabulate the results and report them to the coaches and to the media at the discretion of the Conference Commissioner.

## H. All-Conference Allocations/Numbers

All-Conference Teams

1. There will be a first and second all-conference team.
2. All-Conference Team composition:
a. The first team will consist of 13 field players and one keeper.
b. The second team will consist of 12 field players and one keeper.
c. In order for a player to receive honorable mention, he/she must receive votes from two schools.

## Player(s) of the Year

(Note: Voting procedures may preclude having this process.)

1. Each sport shall have officially recognized Player(s) of the Year.
2. The coaches will determine the names of the three Player of the Year Awards.
3. Each school may nominate one player for each Player of the Year award, Offensive Player of the Year and Defensive Player of the Year
4. All players nominated shall be voted upon. Coaches will determine the voting procedure. Part of the process must be a secret ballot.
5. Coaches may vote for his/her own player.
6. The entire process shall take place at the end-of-season meeting.

Coach of the Year (Each sport shall have one officially recognized Coach of the Year)
l. Each school may nominate one coach for the award.
2. A coach may not nominate himself/herself.
3. All coaches nominated shall be voted upon. A brief discussion should be made about each coach nominated.
4. The highest vote-getter will be Coach of the Year. If there is a tie, coaches will share the honor.
5. The entire process shall take place at the end-of-season meeting.

## Official of the Year

1. Coaches may nominate an official for "official of the year" consideration on their player nomination form.
2, Discussion and voting on "official of the year" will occur at the allconference end -of-season meeting.
2. The "official of the year" will receive a certificate from the Commissioner on behalf of the conference.

## End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the Commissioner/Liaison.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, to answer questions and run the meeting.
4. The purpose of the meeting will be to
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded and voted on; changes may be approved/denied by a majority vote of the Athletic Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION VIII

## SOFTBALL (updated 6.7.19)

## A. Game Times/Dates/Scheduling

1. The Freshmen, JV and Varsity schedules will be set by the Conference Commissioner and approved by the Athletics Directors and distributed to the Athletics Directors by March $1^{\text {st }}$ of the previous year.
2. The conference schedule will be 18 games; 9 home and 9 away based on single games or doubleheaders.
3. All games played during the week shall start at $4: 30 \mathrm{p} . \mathrm{m}$. unless mutually agreed upon by the participating schools.
4. Saturday doubleheaders at 1l:00 a.m. unless mutually agreed on by two participating schools.
5. Two (2) Saturday doubleheaders will be played.

## B. Length of Games

1. All games are to be seven (7) innings in length. However, the 10 -run rule will apply to all Varsity \& Junior Varsity games. Varsity teams will follow the 15 -run mercy rule after three innings per conference rule.
2. For Freshman games, the $15 / 10$ run rule will be used. This requires the game to end when the losing team is behind by 15 or more runs after three innings or by 10 or more runs after five innings.

## C. Game Procedures/Details

1. For conference games, the pre-game schedule will be:

35 minutes prior to start Home team (infield)
20 minutes prior to start Visitors (infield)
5 minutes prior to start Ground rules
2. Line-up cards must contain first and last names and numbers of all team members.
3. The official softball is recommended to be the softball the WIAA has approved for the state tournament.
4. In conference doubleheader games, the host school will be home for the first game and the visiting school will be home for the second game. Teams will not be required to change dugouts.
D. Conference Statistics/Scores/Media Reporting

1. The home team shall record the official game stats on the conference stat sheet and email them to the Commissioner and opposing coach by noon of the following day.
2. The home team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the day of the game.

## E. Individual Participation Rules

1. Sophomores may play on a Freshmen team to fill out a roster. Schools moving a player(s) can do so with advance approval from the Athletic Directors of both competing schools.
2. Seniors are not permitted to participate on JV teams unless special circumstances exist, i.e. foreign exchange, special disability, etc, and permission from the opposing Athletic Director.

## F. Make-ups/Rainouts/Cancellations- Guidelines (est 6.7.17)

[In the event that a school is hosting a baseball/softball game cannot host the game due to inclement conditions, the following steps should be followed in sequence, with a NOON deadline to determine the playability of the HOST diamond]

1. If schools have not played each other, flip sites on the schedule, playing at the school which has an adequate facility. This would happen early at the start of the season. (Umpire time/ travel may be an issue)
2. If host facility is inadequate, play on the opposing team's field on the same day. The original team will remain the home team. The original host school is responsible for paying all game fees regardless of where the game is played. (distance, bus availability may be issues)
3. The game will be played on a "mutually agreeable" date as determined by the two Athletic Directors. Next open date immediately following the scheduled date should be considered first. Extenuating circumstances such as field trips, concerts, award ceremonies must be considered when rescheduling games.
4. The game will be added to make a doubleheader at the next regularly scheduled meeting of of the two teams, with a 4:00 weekday start time. This would assist the umpire availability
issue.
G. Umpires
5. Varsity level umpires will be assigned by the Conference Commissioner with the approval of the Athletics Directors.
6. Non-varsity officials shall be secured by the host school.
7. Coaches will rank the officials on the web site provided by the WIAA.
8. The host school will be responsible for hiring and paying officials. If a game is postponed, the originally scheduled umpires shall be offered the rescheduled date first; if they are not available, another set of officials will be hired by the host school.

## H. Conference Champions

1. The conference champion will be determined on the conference standings at the end of the season based on the 18 game schedule
2. There will be no tie-breakers in determining a conference champion. All teams with the best records will be named co-champions and each team will receive the same conference honor.
3. The conference champion(s) will receive a plaque.

## I. All-Conference Selections

Nomination/Voting Procedure for All-Conference Teams

1. Each school will determine its own policy on nominating any student.
2. Nominations shall be submitted by the head coach on a conference approved form.
3. The nomination must be approved by the Athletics Director and emailed to the Conference Commissioner by the agreed upon deadline.
4. Coaches should consider their finish in conference standings when determining numbers of nominated players.
5. Prior to the end-of-season coaches meeting, the Conference Commissioner shall email a list of all players nominated to the head coaches. Hitting stats will also be included with nominated pitchers.
6. The coaches will discuss players at the end-of-season meeting and will vote by ballot at this time. Open voting will be shown to the coaches.
7. The sport liaison shall tabulate the results and report them to the coaches and Commissioner, who will forward to the media.
8. A first team vote will be worth 3 points and a second team vote will be worth 1 point. In case of a tie, the player with the most first team votes will be the tie breaker.
9. Coaches may not vote for his/her own player.

## J. All-Conference Allocations/Numbers

## All-Conference Teams

1. There will be a first and second all-conference team.
2. The first and second team shall consist of 24 combined players.
3. All-conference teams will be comprised of 2 pitchers, 2 catchers, 5 infielders, 3 outfielders, which is based on State Softball Coaches Assoc format.
4. In order for a player to receive honorable mention, she must receive votes from two schools.

## Player(s) of the Year

(Voting procedures may preclude having this process.)

1. Each sport shall have officially recognized Player(s) of the Year.
2. Softball will have two Players of the Year.
3. Each school will nominate l player for consideration as Player of the Year; after the first vote is conducted and a Player of the Year is selected, the school in which the first Player of the Year was chosen from may then nominate a replacement or second player. A second vote will then take place and a second Player of the Year will be selected.
4. All players nominated shall be voted upon. A simple majority vote will be used.
5. Part of the process must be a secret ballot.
6. Coaches may vote not for his/her own player.
7. The entire process shall take place at the end-of-season meeting.

## Coach of the Year

1. Each sport shall have one officially recognized Coach of the Year.
2. Each school may nominate one coach for the award.
3. A coach may not nominate himself/herself.
4. All coaches nominated shall be voted upon. Coaches should rank their votes in order of preference. For example, if three coaches are nominated, each coach should vote for his/her first choice, second choice and third choice. The lowest vote-getter will be Coach of the Year. If there is a tie, coaches will share the honor.
5. The entire process shall take place at the end-of-season meeting.

## Official of the Year

1. Coaches may nominate an official for "official of the year" consideration on their player nomination form.
2, Discussion and voting on "official of the year" will occur at the allconference end -of-season meeting.
2. The "official of the year" will receive a certificate from the Commissioner on behalf of the conference.

## K. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the Commissioner/Liaison.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, answer any questions, and to run the meeting.
4. The purpose of the meeting will be to:
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded and voted on; approval/denial by a majority vote of the Athletic Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## A. Meet Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletics Directors and distributed to the Athletics Directors by August $l^{\text {st }}$ of the previous year.
2. The conference schedule will consist of seven dual meets and a conference meet.
3. All duals will start at 5:30 p.m., unless mutually agreed upon by both schools. Tuesdays will be the preferred day for dual meets.
4. The conference meet will be held the Saturday prior to the WIAA Sectionals.
5. The conference meet host site will be rotated amongst schools that have 8 lanes and able to host both diving and swim events on the same day.
6. The Girls FRCC conference/JV meet will be scored separately and heats should not be combined with both Varsity \& JV swimmers. Any exhibition will be combined with the JV portion of the meet.

## B. Meet Procedures/Details

1. If either school in a dual meet does not have divers or a diving well, diving will not count in team scoring.
2. A swimmer may compete in both Varsity and JV in the same meet, provided she does not swim in the same event at both levels and competes in a maximum of four events, according to NFHS and WIAA rules.
3. Exhibition swimming and diving are permitted, according to NFHS and WIAA rules.
4. Each team will provide their own Team Manager Hy-Tech entries for all conference competition, unless there is prior mutual agreement to use manual entries.
5. A copy of the meet program, with both teams' entries, will be distributed to each coach prior to the first event.

## C. Officials

1. Two officials will be assigned for all duals and three officials for the conference meet by the Conference Commissioner.
2. Coaches will rank officials on the web site provided by the WIAA which the Conference Commissioner will use in assigning officials for the following season.

## D. Conference Meet Procedures/Scoring

1. 16-place scoring will be used for the conference meet.
2. Each school may have a maximum of 27 entries for both JV and Varsity, unlimited entries per event. No scoring for JV after 27 - that will be exhibition.
3. Two Varsity relay teams per school will be permitted for each relay event at Championship Meet. Two JV scored Relays will be permitted, then unlimited exhibition Relays.
4. Diving will be a scored event at the conference meet. An eleven-dive format will be used. Scoring will be based on the number of diving entries and based on a sliding scale. New Diving format will be Varsity 11 dives, JV 11 dives, and any exhibition will be 6 dives.
5. A standardization of meet files to be consisting of a 24 event meet for all Conference duals. Diving will be the first two events (JV \& V) followed by all swimming events in standard order.
6. Championship format for relay entries will be followed based on the NFHS rules.

## E. Conference Champion

1. The conference champion will be determined by the results of the conference meet only.
2. There will be no tie-breakers in determining a conference champion. If there is a tie, teams will be named co-champions and each team will receive the same honor.
3. The conference champion will receive a plaque.
4. The results of the conference meet must be sent to the Conference Commissioner by host school.

## F. Conference Statistics/Scores/Media Reporting

1. The host team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the night of the meet.
2. The host team is responsible for reporting meet results, scores and times, to the Conference Commissioner who will forward results to all conference coaches.
G. All-Conference Selections
3. Each school will determine its own policy regarding athletes earning all-conference status.
4. Selections will be determined by finish in the conference meet. The first finisher in each event will be first-team all-conference, the second-place finisher in each event with be on the second team, and the third-place finisher in each event will be honorable mention.

## H. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the Conference Commissioner.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the the meeting is conducted by Roberts' Rules of Order, to answer questions, and to run the meeting.
4. The purpose of the meeting will be to:
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded and voted upon; changes approved will be approved or denied by a majority vote of the Athletic Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## BOYS SWIMMING (3.12.19)

## A. Meet Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletics Directors and distributed to the Athletics Directors by November $1^{\text {st }}$ of the previous year.
2. The conference schedule will consist of a dual against each conference team and a conference meet. The conference will schedule one meet per week on Tuesdays or Thursdays. The Conference season would run from the first week in December through the end of January with no meets the week of Christmas vacation.
3. All duals will start at 5:30 p.m. unless mutually agreed upon by both schools.
4. The conference meet will be held the Saturday one week prior to the WIAA Sectionals. Diving 9:00 and Swim 12:00 pm start.
5. The conference meet host site will be rotated amongst schools able to host both diving
and swim events on the same day.

## B. Meet Procedures/Details

1. If either school in a dual meet does not have diving facility, diving will not count in team scoring. If both schools have a diving facility, diving will be scored in team scoring, provided at least one school has a diver.
2. A swimmer may compete in both Varsity and JV in the same meet, provided he does not swim in the same event at both levels and competes in a maximum of four events, according to NFHS and WIAA rules.
3. Exhibition swimming and diving are permitted, according to NFHS and WIAA rules.
4. All hosts will use a 24 event format for all conference dual meets when using Meet Manager.
5. For all dual meets, visiting team will use the even lanes and the home team will use the odd lanes.
6. A copy of the meet program, with both teams' entries, will be distributed to each coach prior to the first event.

## C. Officials

1. Two officials will be assigned for all duals and three officials for the conference meet by the Conference Commissioner.
2. Coaches will rank officials on web site provided by the WIAA and the Conference Commissioner will use these in assigning officials for the following season.
D. Conference Meet Procedures/Scoring
3. 16-place scoring will be used for the conference meet.
4. Each school may have a maximum of 27 entries with no more than five per event.
5. Two relay teams per school will be permitted for each relay event.
6. Diving will be a scored event at the conference meet. An eleven-dive format will be used. Diving will be scored based on NFHS championship scoring scale, 16 places.
7. Conference entries must be sent to the host school and the Conference Commissioner by the deadline set by the host school.
8. Exhibition heats may be added at the conference meet, and will be seeded separately.

## E. Conference/Division Champion

1. The conference champion will be determined by the results of the conference duals and the conference meet. Conference duals are worth three points. Points awarded for the conference dual wins will be added to the points earned at the conference meet. Coaches must submit their dual meet record to the host school as part of submission of their conference meet lineup to verify conference dual points.
2. There will be no division champion.
3. There will be no tie-breakers in determining a conference champion. If there is a tie, teams will be named co-champions and each team will receive the same honor.
4. The conference champion will receive a plaque.
5. The results of the conference meet must be sent to the Conference Commissioner by the host school.
6. Swimmer of the Year will be voted at the conference meet. The following criteria will be used for Swimmer of the Year:
a) written nominations for swimmer of the year will be submitted at the conference meet
(coaches' meeting); there may be additional write-ins submitted at the meeting held at the conference meet.
b) the Swimmer of the Year must win a minimum of one individual event. If the nominee is unable to compete at the conference meet due to unforeseen circumstances $6 . \mathrm{b}$ may be waived.
c) the winner must receive 4 votes
d) if after the first round of voting no swimmer receives four votes, the next top two vote getters move on to another round of voting.
7. Diver of the Year will be voted at the conference meet. The following criteria will be used for Diver of the Year:
a) written nominations for diver of the year will be submitted with conference entries to the host school, there may be additional write-ins submitted at the meeting held at the conclusion of the conference meet
b) the winner must receive 4 votes
c) if after the first round of voting no diver receives four votes, the next top two vote getters move on to another round of voting

## F. Conference Statistics/Scores/Media Reporting

1. The host team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the night of the meet.
G. All-Conference Selections
2. Each school will determine its own policy regarding athletes earning all-conference status.
3. Selections will be determined by finish in the conference meet. The first finisher in each event will be first-team all-conference, the second-place finisher in each event will be on the second team all-conference, and the third-place finisher in each event will be honorable mention.

## H. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the Conference Commissioner/AD Liaison.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, to answer questions, and to run the meeting.
4. The purpose of the meeting will be to:
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded, and voted upon; changes approved will be approved or denied by a majority of the Athletic Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION X TENNIS (Boys \& Girls) <br> (updated 6.18.19)

## A. Game Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletics Directors and distributed to the Athletics Directors by August lat of the previous year.
2. The conference schedule will consist of nine dual matches. All dual matches played on Tuesdays and Thursdays with a 4:00 start, unless time change is mutually agreed upon by both schools.
3. Teams will abide by tournament scoring in the non-conference event they are playing in. The conference will recognize the result of the match in the conference dual records/ standings.

## B. Game Procedures/Details

1. All matches will abide by USTA and WIAA regulations.
2. Each dual match will consist of four (4) singles matches and three (3) doubles matches.
3. The team that wins a minimum of four matches in the dual will be considered the victor.
4. All dual matches will use ad scoring.
5. To ensure lineup integrity (lineups are in ladder order), these procedures will be followed:
a. Coaches will exchange lineups in writing prior to player introductions
b. If one side this the other's lineup is not in rank order, they can object and ask that the lineup be adjusted to rank order
c. The other side can offer a written rationale for their lineup: dated challenge match results, results from prior competition, round-robin play during practice, or other. If the protesting team is still unsatisfied, and the other side refuses to adjust their lineup, the objecting side can play the match under protest.
d. If a protested match is lost by the objecting side, they may file their protest to the FRCC Athletic Director assigned to tennis. The protest must be filed within 48 hours of the Conference dual.
e. The Athletic Director (or an appeals committee designated by the AD), hears both sides' rationales for the lineup under discussion, and decides on the validity of the protest:
1) If the protest is not upheld, no further action is taken.
2) If the protest is upheld, the committee can choose from any or all of the following options:
aa. the side that stacked their lineup forfeits the conference dual. However, all individual match scores will stand as played
bb. suspend the Coach from one or more conference matches
cc. write a disciplinary letter to the offending school addressed to the Principal and the Athletics Director.

## D. Conference Statistics/Scores/Media Reporting

1. The host team shall report the results of the meet to Conference Commissioner and opposing team's coach by noon of the following weekday.
2. The host team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the day of the match.

## E. Make-ups/Rainouts/Cancellations

1. Cancelled matches/ rainouts must be made up unless mutually agreed upon by both schools and the Commissioner not to, even if it means that the game must be made up after the start of the team's postseason.

## F. Conference Champion

l. The conference champion will be determined by dual record results.
2. There will be no tie-breakers in determining a conference champion. All teams with the best records will be named co-champions and each team will receive the same conference honor.
3. The conference champion will receive a plaque.

## G. All-Conference Nominations

1. The commissioner, or designee, will send a form to all coaches recommending players for all-conference consideration, who must be approved by school athletic director. A player to be considered for all-conference at singles must play a minimum of six matches at that flight or higher in singles. A team to be considered for all-conference at doubles must play a minimum of six matches at that flight or higher in doubles. (Under special circumstances, these requirements may be waived if agreed by coaches)
2. Each coach will submit a PSR to tennisreporting.com for each player nominated at the end of the dual season for all coaches to review for the end-of-season meeting.
3. Each school will determine its own policy regarding players earning all-conference status. (ie. Schools may choose not to award all-conference standing to players that are not in good standing with the team).

First Team All-Conference will be comprised of the following players as voted by the Conference coaches:

Flight 1 Singles: First, Second, and Third place as determined by coaches at the end-of-season meeting.
Flight 2-4 Singles: First place as determined by coaches at end-of-season meeting Flight 1 Doubles: First, Second, and Third place as determined by coaches at the end-of-season meeting.
Flight 2-3 Doubles: First place as determined by coaches at the end-of -season meeting.
Second Team All-Conference will be comprised of the following:
Flight 1 Singles: Fourth place as determined by coaches at end-of season meeting.
Flight 2-4 Singles: Second place as determined by coaches at end-of season meeting.
Flight 1 Doubles: Fourth place as determined by coaches at end-of-season meeting.
Flight 2-3 Doubles: Second place as determined by coaches at end-of-season meeting.

## Honorable Mention

1. Will be awarded to the next highest vote receiver in each flight.
2. Must receive a minimum of two votes
3. Honorable mention numbers will not exceed the number of players on first team.

Conference Player of the Year \& Conference Doubles Team of the Year- to be
Voted on by coaches at end-of-season meeting.

Conference Coach of the Year: Voting will occur at end-of-season meeting.

## H. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting; date may be changed in a given year due to conflicts that may arise.
a. Girls Coaches will meet at 6:30 @ De Pere HS on the Wednesday prior to State Team tournament.
b. Boys Coaches will meet at 6:30 @ De Pere HS on the Tuesday prior to State Individual tournament.
2. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, to answer questions and run the meeting.
3. The purpose of the meeting will be to:
a. Distribute all-conference medals to respective coaches.
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded and voted upon; changes approved or disapproved will be determined by majority vote of the Athletic Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION XI

TRACK AND FIELD (6.6.19)

## A. Meet Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletics Directors by May $1^{\text {st }}$ of the previous year.
2. Start Times: See quick view chart for complete details
3. For each scheduled event if at all possible the rain date will be the following day at the same site.
4. Sites for the conference championship meet will be selected on a rotational basis; Bay Port will host conference relay meet.
Note: Notre Dame Academy is exempt from the varsity conference meet rotation due to inadequate facilities and will be imposed a $\$ 150.00$ yearly fee for non rotational hosting.
5. All schools MUST have a commitment to ALL conference meets as scheduled by the commissioner. All possible efforts MUST be made to reschedule postponements. If postponed the varsity conference meet make-up date WILL BE the following day at the same site.
B. *Hosting Fees See quick view chart for complete details
6. Indoor - will be determined by host school for non-conference indoor meets
7. Conference Relays - FAT system required; host school receives $\$ 2250$ stipend
8. Conference Outdoor - FAT system required; host school receives $\$ 2250$ stipend
C. Meet Participation See quick view chart for complete details
9. Lead-up meets to the Varsity conference will run all participants as Varsity.
10. All JV meets will have unlimited entries, scratch and replace.
11. NO event jumping. (No moving athletes from one event to another the day of the meet)
12. The top performers in each event group will count toward the Varsity score. The number of participants who count will depend on the type of meet (dual, triangular, etc.).
13. No "exhibition and/or practice" participants will be allowed to compete in any FRCC meet. Only officially entered participants will be allowed to compete.
14. Standard entry deadline is NOON two days prior to the meet. (PT timing policy)

## D. Meet Procedures

## REGULAR SEASON VARSITY/JV DUAL, TRIANGULAR AND OUAD - OUTDOOR MEETS

1. Only 3 participants from any one school shall score in any one event in any JV and/or varsity regular season dual, triangular or quad outdoor meet.
2. There are unlimited entries; however, only one relay team may score points towards the team total. See attached chart.
3. All events are finals only.
4. Shot put $\&$ discus will have 4 attempts with no finals. Boys discus first; girls shot put first.
5. Long jump and triple jump will have 4 attempts with no finals. Open pit shall be utilized whenever possible. Otherwise- boys long jump first; girl's triple jump first.
6. Pole vault and high jump - boys high jump first; girls pole vault first. The starting height shall be determined at the coaches meeting based on entry seed heights.

## CONFERENCE CHAMPIONSHIP - OUTDOOR MEET

Field Events (all) 3:30 -- Running Events 4:30

1. The conference outdoor championship meet shall follow the WIAA regional format rules and regulations including gender rotation of all field events. The only exception to the above statement is:
a. $\quad 200$ meter dash will be run as a finals only event - no trials.
2. All participants shall compete as varsity.
3. 28 individuals' entries plus 4 relays. No more than 3 entries per event. 4 event maximum per athlete as per WIAA rules.
4. SCRATCHES ONLY
5. Event scoring shall be to eight places for the conference meet: 10-8-6-5-4-3-2-1, see attached chart for complete scoring methods. Traditional NFHS scoring will be used. The maximum number from one school that may score in an event shall be the same as allowed per WIAA rules and/or by meet management.
6. All individual participants' seed times must be official recorded season best FAT times.
7. Implement weigh-ins will follow the WIAA regional format.
8. Field Event warm-ups before the start of a meet: Only field event athletes who are competing first or in the first flight at the beginning of a meet may continue to warm-up 15 minutes prior to the start of their event.
```
Field Events
3200 Relay girls
3200 Relay boys
100 M Hurdles girls - trials
110 M Hurdles boys - trials
100 M Dash girls - trials
100 M Dash boys - trials
Break - }15\mathrm{ minute
100 M Hurdles girls - finals
110 M Hurdles boys - finals
100 M Dash girls - finals
100 M Dash boys - finals
1600 M Run girls
1600 M Run boys
8 0 0 ~ R e l a y ~ g i r l s ~
8 0 0 ~ R e l a y ~ b o y s
4 0 0 \text { Dash girls}
4 0 0 \text { Dash boys}
4 0 0 \text { Relay girls}
4 0 0 \text { Relay boys}
300 IH girls
300 IH boys
800 Run girls
8 0 0 ~ R u n ~ b o y s ~
200 Dash girls (finals only)
2 0 0 \text { Dash boys (finals only)}
3200 M Run girls
3200 M Run boys
1600 Relay girls
1600 Relay boys
```


## CONFERENCE RELAYS MEET

Field Events (all) 3:30 -- Running Events 4:30

1. All participants shall compete as varsity.
2. There shall be 3 entries per field event per team and only one relay entry per event per team. Reported times will be used for seeding purposes.
3. See attached chart for complete scoring methods.
4. The 100 girl's high hurdles and the 110 boys high hurdles shall be run as three individual races and a combined time of the three races shall totaled for the final results. (NO high hurdle shuttle)
5. Shot put, discus, long jump, and triple jump will have 4 attempts with no finals. Open pit for long jump and triple jump for maximum of 2 hours; 30 minutes in between events.
6. Field Event warm-ups before the start of a meet: Only field event athletes who are competing first or in the first flight at the beginning of a meet may continue to warm-up 15 minutes prior to the start of their event.
7. Schools will be put into flights alphabetically for the shot put and discus.

Flighted - Alphabetically split schools into flights.
Flight 1 - Ashwaubenon, Bay Port, De Pere,
Flight 2 - Notre Dame, GB Preble, GB Southwest
Flight 3 - Manitowoc, Pulaski, Sheboygan North, Sheboygan South
Flight rotations to be followed to assist throwing coaches;

| YEAR | SHOT | DISCUS |
| :--- | :--- | :--- |
| 2019 | $2-3-1$ | $3-1-2$ |
| 2020 | $3-1-2$ | $1-2-3$ |
| 2021 | $1-2-3$ | $2-3-1$ |

8. High jump opening height is determined at the coaches meeting.
9. Girl's pole vault opening height shall be 6 ' followed by the standard 6 " increment adjustments. All competitors are guaranteed 3 attempts. Note : A NO height $=0$ feet. Must score 3 from each school.
10. Boy's pole vault opening height shall be 8 ' followed by the standard 6 " increment adjustments. All competitors are guaranteed 3 attempts. Note: A NO height $=0$ feet. Must score 3 from each school.
11. The tie breaker for high jump and pole vault shall be the total number of combined misses for a team.
12. The tie breaker for Long/Triple Jump/Shot/Discus shall be determined by the best individual effort between tied teams.
13. The $4 \times 1600$ Relay event will be run in two boys heats and two girls heats. You must enter four milers to be considered a full relay.

ORDER OF EVENTS - VARSITY CONFERENCE RELAYS
Field Events
Girls Distance Relays (1200/400/800/1600)
Boys Distance Relays (1200/400/800/1600)
Girls HH Shuttle
Boys HH Shuttle
Girls $4 \times 200$ Relay
Boys $4 \times 200$ Relay
Girls $4 \times 1600$ Relay (see above \#13)
Boys $4 \times 1600$ Relays
Girls Sprint Medley (100/100/200/400)
Boys Sprint Medley (100/100/200/400)
Girls 300 Low Hurdles
Boys 300 Intermediate Hurdles
Girls $4 \times 800$ Relay
Boys $4 \times 800$ Relay
Girls $4 \times 100$ Relay
Boys $4 \times 100$ Relay
Girls 1600 Medley
(400/200/200/800)
Boys 1600 Medley
(400/200/200/800)
Girls $4 \times 400$ Relay
Boys $4 \times 400$ Relay
[NO coed Throwers Relay]
Note: (100/100/200/400) Two turn stager - white line start. First two exchanges yellow to yellow.
Exchange three in lanes at common blue triangles. 400 runners cut when they have baton.
Note: (400/200/200/800)

| (reference: NFHS Track \& Field Rule 2) |  |  |  |  |  |
| :---: | :--- | :---: | :--- | :---: | :---: |
| No. of Teams | Individual Scoring | Individual <br> Places <br> Recorded | Relay Scoring | Relay <br> Places <br> Recorded |  |
| 2 | $5-3-1$ | $\mathbf{3}$ | 5 | $\mathbf{1}$ |  |
| 3 | $5-3-2-1$ | $\mathbf{4}$ | $5-3$ | $\mathbf{2}$ |  |
| 4 | $6-4-3-2-1$ | $\mathbf{5}$ | $6-4-2$ | $\mathbf{3}$ |  |
| 5 | $8-6-4-2-1$ | $\mathbf{5}$ | $8-6-4-2$ | $\mathbf{4}$ |  |
| 6 | $10-8-6-4-2-1$ | $\mathbf{6}$ | $10-8-6-4-2$ | $\mathbf{5}$ |  |
| $7+(6$ scoring) | $10-8-6-4-2-1$ | $\mathbf{6}$ | $10-8-6-4-2-1$ | $\mathbf{6}$ |  |
| $7+(7$ scoring) | $10-8-6-4-3-2-1$ | $\mathbf{6}$ | $10-8-6-4-3-2-1$ | $\mathbf{6}$ |  |


| $7+(8$ scoring $)$ | $10-8-6-5-4-3-2-1$ | $\mathbf{6}$ | $10-8-6-5-4-3-2-1$ | $\mathbf{6}$ |
| :--- | :--- | :--- | :--- | :--- |

## SCORING CHART

## E. Officials

1. See quick view chart for complete details.
2. The Conference Commissioner will hire officials for the conference outdoors meet.

## F. Conference Champion - Awards

1. See quick view chart for complete details
2. The conference champion will be determined by the conference championship meet.
G. Conference Statistics/Scores/Media Reporting
3. The home team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the night of the meet. Applicable fax numbers will be on the stat sheet.
4. The host school is responsible for recording and making available, to all participating schools by noon of the following day, the official time/distance/height for the number of places required by rule (see chart 2.1 below). Although the host school may provide the time/distance/height for places beyond those required, it is the responsibility of each participating school to obtain, by their own means, the time/distance/height of any place beyond those required by rule.
5. All conference records not recorded using a FAT timing system must be converted using the standard .24 conversation rate. Records will be posted on conference web site.
6. The Host school is responsible for submitting the historical conference records for the conference relay meets and the conference outdoor championship meet to the conference commissioner on a yearly basis.

## H. All-Conference Selections

1. Each school will determine its own policy regarding athletes earning all-conference status.
2. Selections will be based upon performances at the conference outdoor meet. The first-place finisher in each event will be first-team all conference, the second-place finisher in each event will be second team, and the third-place finisher in each event will be honorable mention.
3. At the "End of the Year" conference meeting, coaches will nominate \& vote on the following:
a. Girls field Athlete of the Year
b. Girls track Athlete of the Year
c. Boys Field Athlete of the Year
d. Boys Track Athlete of the Year
e. Girls Coaching Staff of the Year
f. Boys Coaching Staff of the Year

FRCC TRACK \& FIELD QUICK VIEW (section XI) updated 6.4.18

| Event | Entries | Awards | Fees | Attempts | Scoring | Seeding | Officials | Off Fee | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Outdoor... <br> Quad, <br> Tri, <br> Dual | Unlimited with only 1 relay team scoring per school | None | None FAT Required | 4 Attempts No Finals | \# of teams | Seeded by times | 2 required 3 <br> 3 recom. <br> Assigned by Host School | $\begin{aligned} & 2 \\ & \text { @125.00 } \\ & 3 @ \\ & 100.00 \end{aligned}$ | 4:00 All Events |
| Outdoor <br> JV <br> Conference | Unlimited with only 1 relay team scoring per school | Hosting School choice | FAT Required | No prelim. Finals $\mathrm{w} / 200 \mathrm{~m}$ run as finals | $\begin{array}{\|l\|} \hline 6 \\ \text { Places } \end{array}$ | Seeded by times | 3 required <br> Assigned by Host School | 140.00 | $\begin{aligned} & \hline 4: 00 / \\ & 4: 45 \end{aligned}$ |
| Outdoor <br> Varsity <br> Conference | $\begin{aligned} & 28 \text { entries + } \\ & 4 \text { relays } \end{aligned}$ | Plaque \& Medals 1-3 provided by FRCC | FAT Required | Follow WIAA regional format <br> Prelim/ Finals w/200m run as finals | $\begin{array}{\|l\|} \hline 8 \\ \text { Places } \end{array}$ | Seeded by times | 3 required <br> Assigned by FRCC | 175.00 | $\begin{aligned} & \hline 3: 30 / \\ & 4: 30 \end{aligned}$ |
| Outdoor <br> Varsity <br> Relays | 3 and 1 Can Not exceed 4 total athletes per event | Plaque \& Medals 1-3 provided by FRCC | FAT Required | 4 Attempts No Finals | $\begin{array}{\|l\|} \hline 8 \\ \text { Places } \end{array}$ | Seeded by times | 3 required <br> Assigned by Host <br> School | 140.00 | $\begin{aligned} & 3: 30 / \\ & 4: 30 \end{aligned}$ |
| Outdoor <br> JV <br> Crossover | Unlimited | None | None <br> No FAT <br> Required | 4 <br> Attempts <br> No Finals | $\begin{array}{\|l\|} \hline 6 \\ \hline \text { Places } \\ \hline \end{array}$ | Seeded by times | 2 required <br> Assigned by Host School | $\begin{aligned} & 2 \\ & @ 125.00 \\ & 3 @ \\ & 100.00 \end{aligned}$ | 4:00 <br> All <br> Events |

## SECTION XII

## VOLLEYBALL

(updated 11.7.18)
A. Game Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletics Directors and distributed to the Athletics Directors by August lst of the previous year.
2. The conference schedule will be nine dual meets.
3. Both $\mathrm{JV1}$ and JV2 matches will start at 5:30.
4. Varsity matches will start no earlier than 7:00. Varsity warm-ups will start immediately following the completion of the junior varsity game, but no earlier than $6: 35 \mathrm{pm}$.
5. All conference matches shall occur on Tuesdays and Thursdays.
B. Game Procedures/Details
6. The visiting school will have access to locker rooms at $4: 45$ p.m.
7. The host school will provide warm-up balls for the visiting team.
8. JV2 and JV1 matches will play all 3 sets to 25 points. The Varsity will play best 3 of 5 sets. No exhibition sets will be played.
9. If JVl and JV 2 games are played in the same gym, varsity warmups will start with no interruption to the JV2 match prior to the the conclusion of the JV2 match.
10. Music may be played, upon game management approval, during the Varsity warmups while the JV2 match is being completed. (Freshman match must be stopped for the National Anthem.)

## C. Conference Statistics/Scores/Media Reporting

l. The home team and visiting team shall record their own stats on the MaxPreps web site within 24 hours of the played match.
2. The home team will be responsible for reporting stats to its media outlets and to the visiting team's media outlets as soon as possible the night of the game.

## D. Individual Participation Rules

1. Freshmen and Sophomores may comprise the JV2 team.
2. Seniors are not permitted to participate on JV1 teams unless special circumstances exist, i.e. foreign exchange student, special disability, etc., and permission from the majority of Athletics Directors is obtained.

## E. Officials

1. Varsity level officials will be assigned by the Conference Commissioner with the approval of the Athletics Directors. The Varsity level officials will also do the JV match. WIAA officials shall be used for Varsity matches. The WIAA recommends that line judges are adults.
2. JV2 level officials shall be secured by the host school and line judge the Varsity game.
3. Coaches will rank officials using the web site provided by the WIAA which the Conference Commissioner will use in making assignments.

## F. Conference Champion

1. The conference champion will be determined on the conference standings at the end of the season based on the nine-match schedule.
2. There will be no tie-breakers in determining a conference champion. All teams with the best records will be named co-champions and each team will receive the same conference honor.
3. The conference champion will receive a plaque.

## G. All-Conference Selections

Nomination/Voting Procedure for All-Conference Teams

1. Each school will determine its own policy on nominating any student.
2. Nominations shall be submitted by the head coach on a conferenceapproved form.
3. The nomination must be approved by the Athletics Director and sent to the Conference Commissioner by the agreed upon deadline.
4. Coaches should consider their finish in conference standings when determining numbers of players nominated.
5. Prior to the end-of-season coaches meeting, the Conference Commissioner shall email a list of all players nominated for allconference to all head coaches. Players may be scratched but may not be added after the Commissioner has emailed the list of players nominated for all-conference to the schools.
6. The coaches will discuss players at the end-of-season meeting and will vote. Open voting will occur.
7. The sport liaison shall tabulate the results and report them to the coaches and to the media at the discretion of the Commissioner.

## H. All-Conference Allocations/Numbers

## All-Conference Teams

1. There will be a first and second all-conference team.
2. The coaches will vote by non-position and libero players separately on two different ballots. Coaches will vote for 8 first team and 7 second team all-conference players. Coaches will vote for 1 first team and lsecond team all-conference libero players. Voting shall include three points for first team and one point for second team. The athlete(s) with the most points shall be on the first team and the runners-up shall be on the second team. Coaches may not vote for his/her own player.
3. In order for a player to receive honorable mention, she must receive votes from 2 schools.

## Player(s) of the Year

(Voting procedures may preclude having this process.)

1. Each sport shall have officially recognized Player(s) of the Year.
2. There will be two Player of the Year award winners.
3. Each school may nominate one player, and the player must be first team all-conference to be considered for a Player of the Year award.
4. Following completion of the Player of the Year nominations, voting shall occur.
a. The voting will be by secret ballot.
b. A coach cannot vote for a player on his/her squad.
c. There will be two separate votes. The first vote will determine the first Player of the Year, then another vote will take place to determine the second Player of the Year.
5. The entire process shall take place at the end-of-season meeting.

## Coach of the Year

6. Each sport shall have one officially recognized Coach of the Year.
7. Each school may nominate one coach for the award.
8. A coach may not nominate himself/herself.
9. All coaches nominated shall be voted upon. Coaches should rank their votes in order of preference. For example, if three coaches are nominated, each coach should vote for his/her first choice, second choice and third choice. The lowest vote-getter will be Coach of the Year. If there is a tie, coaches will share the honor.
10. The entire process shall take place at the end-of-season meeting.

Official of the Year
l. Coaches may nominate an official for "official of the year" consideration on their player nomination form.
2, Discussion and voting on "official of the year" will occur at the allConference end of season meeting.
3. The "official of the year" will receive a certificate from the Commissioner on behalf of the conference.

## I. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the Liaison.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, to answer questions and run the meeting.
4. The purpose of the meeting will be to:
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations- note that any changes recommended to the sports regulations must be motioned, seconded and voted upon; changes approved will be approved or denied by a majority vote of the Athletics Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## SECTION XIII

## WRESTLING

## A. Match Times/Dates/Scheduling

1. The schedule will be set by the Conference Commissioner and approved by the Athletics Directors and distributed to the Athletics Directors by November $1^{\text {st }}$ of the previous year.
2. The Commissioner will be a schedule with 5 dual dates and 1 multimeet date. The multi-meet date will involve four schools at two different sites on a four year rotation, wrestling two predetermined matches as determined by the Commissioner. Schools will host once every four years.
3. All dual start times shall be no earlier than: $5: 30$ for weigh-in, $6: 00 \mathrm{JV}$ and 6:30 Varsity. Multi-dual start time is 5:00, with weigh-ins scheduled to start at 4:00.
4. All conference dual matches shall occur on Thursdays, with the conference season ending one week prior to WIAA Regionals. The multi-meet match will be held the Thursday prior to Christmas break.

## B. Match Procedures/Details

1. The visiting school will have access to locker rooms at 5:15.
2. Schools shall exchange rosters by noon on the day of the match.
3. The draw for the starting match weight class should be done prior to the weigh ins. The weigh in should then begin at the drawn weight class. 4. For multi-dual matches, the team traveling the furthest will compete against home school in first match, the two visiting teams will be the second match, and the team with the shortest trip and home team will be the third match. The varsity matches will be held on two mats with JV matches held on a third man. Commissioner contracts two officials for Varsity matches and host school contracts one official for JV matches.
C. Conference Statistics/Scores/Media Reporting
l. The home team shall record wins/losses on the conference stat sheet and report to Conference Commissioner.
4. The home team will be responsible for reporting stats to trak wrestling on the night of the match. The host school shall provide an individual to record "Live Enters Bout" on trak-wrestling using requiring wi-fi access by host school.

## D. Cancellations

1. Any cancelled duals will be re-scheduled on the next open date for both schools.

## E. Officials

1. Varsity level officials will be assigned by the conference commissioner with the approval of the Athletics Directors.
2. JV officials shall be secured by the host school.
3. Coaches are reminded to submit rankings for officials on the web site provided by the WIAA, which will be used by the Commissioner in future assignments.

## F. Conference Champion

1. The conference champion will be determined on the conference standings at the end of the season based on the eight-match schedule.
2. There will be no tie-breakers in determining a conference champion. All teams with the best records will be named co-champions and each team will receive the same conference honor.
3. The conference champion will receive a plaque.

## G. All-Conference Selections

Nomination/Voting Procedure for All-Conference Teams

1. Each school will determine its own policy regarding athletes earning all-conference status.
2. Prior to the end-of-season coaches meeting, the Conference Commissioner shall fax/email a list of all wrestlers with 7,6 and 5 dual conference wins to all head coaches.
3. The coaches will discuss wrestlers at the end-of-season meeting and will vote for the remaining all-conference positions.
4. The Wrestling Liaison shall tabulate the results and report them to the coaches and the Commissioner, who will release results to media.

## H. All-Conference Allocations/Numbers

## All-Conference Teams

1. There will be a first and second all-conference team.
2. The first and second team shall consist of a number that is equivalent to 28 wrestlers.
3. Seven (7) wins will be automatic first team. To be eligible for allconference consideration a wrestler must have 6 or 5 dual wins. (wrestlers with less than 5 wins in conference may be eligible for allconference teams with special consideration given for injury/illness..) Coaches may discuss and remove a nominated wrestler at the conference meeting. Coaches then will vote on the remaining allconference positions.
4. In order for a wrestler to receive honorable mention, he/she must receive votes from two schools.

## Wrestler(s) of the Year

1. Each sport shall have officially recognized Player(s) of the Year.
2. Each sport may have Player(s) of the Year. For wrestling, three Wrestlers of the Year will be recognized.
3. First team all-conference selections are eligible and special nominations from the floor which are limited to one per school.
4. All wrestlers shall be voted upon. Coaches will rank nominated wrestlers. After voting, coaches will determine the number of Wrestler of the Year awards.
5. Coaches may vote for his/her own player.
6. The entire process shall take place at the end-of-season meeting.

## Coach of the Year

1. Each sport shall have one officially recognized Coach of the Year.
2. Each school may nominate one coach for the award.
3. A coach may not nominate himself/herself.

All coaches nominated shall be voted upon. Coaches should rank their votes in order of preference. For example, if three coaches are nominated, each coach should vote for his/her first choice, second choice and third choice. The lowest vote-getter will be Coach of the Year. If there is a tie, coaches will share the honor.
4. The entire process shall take place at the end-of-season meeting.

## Official of the Year

l, Coaches may nominate an official for "official of the year" consideration on their player nomination form.
2. Discussion and voting on "official of the year" will occur at the allconference end -of-season meeting.
3. The "official of the year" will receive a certificate from the Commissioner on behalf of the conference.

## I. End-of-Season Coaches Meeting

1. Each sport will have an end-of-season coaches meeting.
2. The date, time and location will be determined by the AD Liaison/ Conference Commissioner.
3. Each sport will have an Athletics Director act as a liaison at the meeting to ensure the meeting is conducted by Roberts' Rules of Order, to answer questions and to run the meeting
4. The purpose of the meeting will be to:
a. Discuss and vote on all-conference selections;
b. Vote on Player(s) of the Year and Coach of the Year;
c. Discuss, review the Conference Sport Regulations. Note that any changes recommended to the sports regulations must be motioned, seconded and voted upon; changes approved will be approved or denied by a majority vote of the Athletic Directors.
d. Discuss other agenda items brought forward prior to the start of the meeting.

## GIRLS SWIM RELAY EVENTS:

1. Diving (2 Divers each doing 3 dives)
2. 100 Free (4 X 25)
3. 200 Medley ( $50 \mathrm{BK}, 50 \mathrm{BR}, 50 \mathrm{FL}, 50 \mathrm{FR}$ )
4. 600 Free (3 X 200)
5. $400 \mathrm{IM}(4 \times 100 \mathrm{IM})$
6. 200 Free (4 X 50)
7. 300 Backstroke $(100,100,100)$
8. 500 Free Crescendo $(200,150,100,50)$
9. 300 Breaststroke $(100,100,100)$
10. 200 Fly (4 X 50)
11. 400 Freestyle (4 X 100)

DIVING SCORE SHEET (ADOPTED 7/12/10)
NUMBER
DIVERS

| PLACE | 16 | 15 | 14 | 13 | 12 | 11 | 10 | $\underline{9}$ | 8 | 7 | 6 | $\underline{5}$ | 4 | $\underline{3}$ | $\underline{2}$ | 1 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
| 2 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 16 | 16 | 15 | 15 | 14 | 13 | 9 | 1 |  |
| 3 | 16 | 16 | 16 | 16 | 16 | 15 | 15 | 14 | 14 | 12 | 12 | 9 | 6 | 1 |  |  |
| 4 | 15 | 15 | 15 | 15 | 14 | 14 | 13 | 12 | 12 | 9 | 7 | 5 | 1 |  |  |  |
| 5 | 14 | 14 | 14 | 13 | 13 | 12 | 11 | 9 | 7 | 7 | 4 | 1 |  |  |  |  |
| 6 | 13 | 13 | 12 | 12 | 11 | 9 | 9 | 7 | 5 | 4 | 1 |  |  |  |  |  |
| 7 | 12 | 12 | 11 | 9 | 9 | 7 | 6 | 5 | 3 | 1 |  |  |  |  |  |  |
| 8 | 11 | 9 | 9 | 7 | 7 | 5 | 4 | 3 | 1 |  |  |  |  |  |  |  |
| 9 | 9 | 7 | 7 | 6 | 5 | 4 | 2 | 1 |  |  |  |  |  |  |  |  |
| 10 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |  |  |  |  |  |  |  |  |  |
| 11 | 6 | 5 | 4 | 3 | 2 | 1 |  |  |  |  |  |  |  |  |  |  |
| 12 | 5 | 4 | 3 | 2 | 1 |  |  |  |  |  |  |  |  |  |  |  |
| 13 | 4 | 3 | 2 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |
| 14 | 3 | 2 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15 | 2 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

This diving scoring system is based on the number of participants that are in the meet (not entered).

## SCHOLAR ATHLETE CRITERIA

1. Must be a senior in "good standing" (schools will determine "good standing" code issues)
2. Must have been awarded, by your school, a minimum of 2 varsity letters, one of which needs to have been earned during the senior year.
3. Must be in the top $10 \%$ of your senior graduating class (overall gpa ranking based on the end of the student's senior semester one grade report.)
4. All award-winners will receive an FRCC Scholar-Athlete honors certificate.

FRCC ENTRY FEE/REIMBURSEMENT CHART

| SPORT | ENTRY FEE | Officials <br> FRCC obtained | FRCC <br> reimbursed |
| :--- | :--- | :--- | :---: |
| B-CC | Divisional | NO | YES |


| $2017 / 18$ <br> current |  | Fees Updated 10.4.17 | $18 / 19,19 / 20$ |
| :--- | :--- | :--- | :--- |


| Sport | Level | Description | FRCC |  |
| :---: | :---: | :---: | :---: | :---: |
| Baseball | Varsity | Game | 70 | 72 |
| Baseball | Varsity | DH | 140 | 144 |
| Baseball | JV |  | 50 | 55 |
| Baseball | Frosh |  | 50 | 55 |
| Basketball | Varsity (3) |  | 60 | 70 |
| Basketball | Varsity (2) |  | 70 |  |
| Basketball | JV |  | 50 | 50 |
| Basketball | Frosh |  | 50 | 50 |
| Cross Country | Varsity | Conference (2) | 80 | 100 |
| Football | Varsity |  | 70 | 72 |
| Football | JV |  | 50 | 52 |
| Football | Frosh |  | 50 | 52 |
| Gymnastics | Varsity | Referee |  |  |
| Gymnastics | Varsity | Judges |  |  |
| Hockey | Varsity | Referee (2) | 75 | 77 |
| Hockey | Varsity | Linesman (1) | 80 | 82 |
| Hockey | JV/Varsity | Referee (2) | 110 | 112 |
| Hockey | JV/Varsity | Linesman (1) | 105 | 107 |
| Hockey | JV |  |  |  |
| Soccer | Varsity | Center | 70 | 72 |
| Soccer | Varsity | Line (2) | 55 | 57 |
| Soccer | JV |  | 50 | 50 |
| Softball | Varsity | Game | 62 | 65 |
| Softball | Varsity | DH | 124 | 130 |
| Softball | JV |  | 45 | 50 |
| Softball | Frosh |  | 45 | 50 |
| Swim | Varsity | Duals/Triangulars(2) | 70 | 72 |


| Swim | Varsity | Conference (3) | 120 |  |
| :---: | :---: | :---: | :---: | :---: |
| Swim | Varsity | Conf (if w/o JV) | 140 |  |
| Swim | Varsity | Relays (3) w/JV | 120 | 200 |
| Swim/Dive | Varsity | If separate | 50 | 52 |
| Track | Varsity | Duals/Triangulars | 100 |  |
| Track | Varsity | Quads | 100 |  |
| Track | Varsity(6 teams) | Divisional |  |  |
| Track | Varsity | Conference (3) | 175 |  |
| Track | Varsity | Relays (3) | 140 |  |
| Track | JV | Invitational (3) | 100 |  |
| Volleyball | JV/Varsity |  | 100 | 102 |
| Volleyball | Varsity | Line (2) |  |  |
| Volleyball | VConf Tourn |  |  |  |
| Volleyball | Frosh |  | 45 | 50 |
| Volleyball | Frosh/VLines |  | 35 |  |
| Volleyball | JV Tourn (8) |  |  |  |
| Volleyball | Frosh/JV <br> Triangular |  |  |  |
| Wrestling | Varsity | Dual | 70 | 72 |
| Wrestling | Varsity | Conf. Tourney (3) |  |  |
| Wrestling | Varsity | Multi |  |  |
| Wrestling | Varsity | double dual | 140 | 144 |
| Wrestling | Varsity | Triple Dual |  |  |
| Wrestling | JV | Dual | 45 | 47 |

Host Stipends: $\$ 2250$ for Conf Track Relays \& Conf Track Meet paid by the Conference for workers, PT timing, etc.

| 2012-\#3 | 2012-\#4 | 2013-\#3 | 2013-\#4 | 2014-\#3 | 2014-\#4 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Ashwaub | Ashwaub | Ashwaub | Ashwaub | Ashwaub | Ashwaub |
| GB West | De Pere | Manty | GB East | Notre Dame | GB Preble |
| Southwest | GB East | De Pere | Sheb North | Southwest | Pulaski |
| Sheb South | GB Preble | Pulaski | Manty | Manty | Sheb South |
|  |  |  |  |  |  |
| De Pere | Southwest | GB East | Notre Dame | Bay Port | De Pere |
| Notre Dame | Bay Port | Sheb North | Sheb South | Pulaski | Bay Port |
| GB East | GB West | GB Preble | GB Preble | De Pere | GB East |
| Pulaski | Notre Dame | Sheb South | Bay Port | Sheb North | Southwest |
|  |  |  |  |  |  |
| GB Preble | Pulaski | Southwest | De Pere | GB East | GB West |
| Sheb North | Sheb North | GB West | Southwest | Sheb South | Sheb North |
| Bay Port | Sheb South | Bay Port | GB West | GB Preble | Notre Dame |
| Manty | Manty | Notre Dame | Pulaski | GB West | Manty |


| 2015-\#3 | 2015-\#4 | 2016-\#3 | 2016-\#4 | 2017-\#3 | 2017-\#4 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Ashwaub | Ashwaub | Ashwaub | Ashwaub | Ashwaub | Ashwaub |
| Pulaski | Sheb North | Sheb South | Bay Port | Southwest | Notre Dame |
| De Pere | GB Preble | Bay Port | Sheb South | Bay Port | GB West |
| Sheb South | Notre Dame | GB West | Sheb North | GB East | Pulaski |
|  |  |  |  |  |  |
| GB East | Bay Port | De Pere | GB Preble | De Pere | Sheb North |
| GB West | Sheb South | Manty | Southwest | GB Preble | De Pere |
| GB Preble | Southwest | GB East | Notre Dame | GB West | Manty |
| Manty | Pulaski | Notre Dame | Pulaski | Sheb South | Southwest |
|  |  |  |  |  |  |
| Southwest | De Pere | GB Preble | De Pere | Manty | Sheb South |
| Notre Dame | GB West | Pulaski | GB East | Pulaski | GB East |
| Bay Port | GB East | Southwest | GB West | Notre Dame | Bay Port |
| Sheb North | Manty | Sheb North | Manty | Sheb North | GB Preble |


|  |  |  |  |  |  |  |  | V | jv |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| year | CC | gswim | gswim | bswim | b/g track | gtrack | btrack | b/g trak | b/g trak |
| 15-16 | DP | NO | BP | BP | BP | SW | DP | East | NDA |
| 16-17 | ASH | BP | BP | ASH | ASH | PREB | SO | SW | E |
| 17-18 | BP | ASH | BP | SO | DP | MANT | BP | Preb | SW |
| 18-19 | PUL | BP | Ash | NO | PUL | BP | ASH | West | Preb |
| 19-20 | NO | ASH |  | BP | SO | ASH | DP | NDA | West |
| 20-21 | SW | NO | BP | ASH | MANT | PUL | PREB | East | NDA |
| 21-22 | Mant | BP | ASH | SO | NO | SO | SW | SW | East |
| 22-23 | Preb | SO | SO | BP | SW | NO | MANT | Preb | SW |
| 23-24 | So | ASH | NO | ASH | PREB | DP | NO | West | Preb |
| 24-25 | NDA | MANT | BP | NO |  |  |  | NDA | West |


| ar | Conf bgolf | Conf ggolf | Metro g-golf | Metro b-golf | TRAK conf jv |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 15-16 | Ash | Sheb | ASH | NDA | PREB |
| 16-17 | BP | Ash | BP | PUL | North |
| 17-18 | DP | BP | DP | DEN | Manty |
| 18-19 |  | DP | PREB | WDP | Drop-X |
| 19-20 |  |  | W/SW | WRITS |  |
| 20-21 |  |  | NDA | ASH |  |
| 21-22 |  |  | PUL | BP |  |
| 22-23 |  |  | SEY | DP |  |
| 23-24 |  |  |  | EAST |  |
| 24-25 |  |  |  | PREB |  |
|  |  |  |  | SW |  |
|  |  |  |  | WEST |  |

